

Scarborough

MATTERS

SHN FOUNDATION DONOR NEWSLETTER | FALL 2024

The secret to our most impactful year yet is **YOU!**

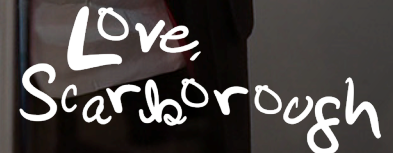
The new SHN Community Mental Health Centre officially opened its doors, breaking barriers to mental health care in Scarborough – **and it was 100% funded by donors like you.**



What's inside

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Dr. Ilan Fischler
Chief and Medical Director, Psychiatry





Transforming Mental Health Care for Scarborough

MADE POSSIBLE THANKS TO DONORS LIKE YOU!

In June 2024, SHN marked the official grand opening of the brand new SHN Community Mental Health Centre, nestled in the heart of Scarborough at Warden and Eglinton.

This innovative centre marks a leap forward in mental health care and a significant milestone as the first project to come to life through the *Love, Scarborough* campaign – and was entirely funded by donors like you.

Bringing together SHN’s adult outpatient mental health programs, the centre stands out not only for its modern, evidence-based design but also for its inclusive approach to care. The centre operates on a “no wrong door” model, meaning that every referral leads to appropriate and timely care.

By centralizing services in one accessible location, SHN is streamlining care coordination to enhance

accessibility, reduce stigma and improve the overall patient experience.

This initiative shows exactly what investment in healthcare means to Scarborough, spotlighting the difference enhanced facilities can make and the urgent need for more resources. The centre is a testament to what is possible when a community comes together for a common cause.

This is just the start. Future plans are already in motion to improve mental health care and services at SHN. This includes the expansion and consolidation of inpatient care at Birchmount Hospital, which will soon begin redevelopment as the largest project in SHN’s history. This ambitious project underscores SHN’s dedication to revolutionizing mental health care in Scarborough and together, we can create a brighter future for all who call this community home.

[Learn more at SHNFoundation.ca/mental-health](https://shnfoundation.ca/mental-health)

“Our team is so excited that the Community Mental Health Centre is now open for our patients. The ‘no wrong door’ model will make it easier for those with mental health challenges to get the care they need, when they need it. Our teams will be able to work together in one beautiful and calming space, ensuring positive outcomes for all our patients. I am thankful to the generous donors who believed in our vision and helped make it a reality.”

– DR. ILAN FISCHLER
CHIEF AND MEDICAL DIRECTOR, PSYCHIATRY



10,000+
YEARLY REFERRALS
for SHN’s outpatient mental health services



15,000
SQUARE-FEET
to accommodate and expand patient care



NEAR 3+
TTC BUS ROUTES,
the new LRT, and the Don Valley Parkway.

Specialized

spaces to meet unique patient needs.



Arlene Walker with her partner.

When Arlene Walker walked into the new SHN Community Mental Health Centre for the first time, she couldn't believe how warm, bright, and welcoming it was.

Arlene is a patient of Dr. Tanya Pinto, a Geriatric Psychiatrist at SHN. Now, thanks to donors like you, Dr. Pinto can care for patients like Arlene inside a centre that was intentionally designed with treatment best practices in mind.

"About one in four Canadian seniors

experiences mental health issues," says Dr. Pinto, "This is compounded with a reluctance to talk about it and seek help. That's why this warm, calming space is vital, so they feel comfortable reaching out for timely help."

Dr. Pinto and Arlene have come a long way together, and Arlene feels even more supported in her treatment thanks to the generous donors like yourself who have made this new centre possible.

“

This centre is critical for the success of any citizen that is suffering. They just need the courage to take the first step, and the team at SHN will do the rest to ensure they get the help they need. I'm so happy to be able to come to this new community hub to continue my care.”

– ARLENE WALKER, MENTAL HEALTH PATIENT

THE TRANSFORMATION CONTINUES... A NEW INPATIENT MENTAL HEALTH SPACE AT BIRCHMOUNT!

SHN is making strides to transform the landscape of mental health care.

Now, SHN is turning to the urgent need for enhanced inpatient services at our Birchmount Hospital. The new department will offer a serene and therapeutic environment, and will grow to accommodate the rising demand for mental health services in Scarborough.

The new unit will be designed with innovation at its core, featuring improved technology for patient monitoring, dedicated spaces for various patient needs, and access to outdoor green spaces. Together with the SHN Community Mental

Health Centre, these initiatives are part of the Orlando Corporation Mental Health Centre of Excellence across SHN that will set us apart for inclusive, compassionate, and

equitable care. With your generosity and ongoing support, together we can create better futures for the community we serve.



Conceptual rendering of the new Birchmount Hospital.

TO MAKE A GIFT ONLINE, VISIT [SHNFOUNDATION.CA/FALL](https://shnfoundation.ca/fall)

Excellence at Scarborough Health Network

Beyond innovating mental health in Scarborough, SHN is also achieving excellence across our departments.



Centenary Hospital ranks number one in Ontario Emergency Department length of stay from December 2023 – June 2024.



SHN is the first Ontario hospital to use the VELYS Surgical Robot for knee replacement surgeries in January 2024.

Watch the video at SHNFoundation.ca/Velys



SHN's Nanji Stroke Centre of Excellence receives Best Practice award from Toronto Stroke Networks in December 2023.

Honouring a mother's legacy with a gift to SHN.



Kathleen (second from left) with fellow Centenary Hospital volunteers.

Having lived in Scarborough since 1954, Kathleen had a special opportunity to witness and contribute to her community's transformation. Throughout her life, and particularly during her 25 years of volunteer service at Centenary, she exemplified generosity and pride in the community she called home.

Upon her death at 98, Kathleen's daughter wanted to continue her legacy and give back in recognition of the exceptional care her mother received at SHN's Centenary and Birchmount hospitals prior to her death.

To honour Kathleen's life, Arlene decided to make a generous donation through Kathleen's estate to the Scarborough hospitals that marked their lives.

"I wanted to give back, and I know she would have wanted that as well," says Arlene, Kathleen's daughter. "You can't take it with you, so we must pay it forward for future generations who rely on our community hospitals."

This gesture of giving back, inspired by the values Kathleen instilled in her daughters, ensures her spirit of community service endures, a testament to the belief that what we leave behind can enrich countless lives.



FOR MORE WAYS TO
GET INVOLVED, VISIT
SHNFOUNDATION.CA



A MESSAGE FROM OUR CEO

Thank you for helping make this one of SHN Foundation's most impactful years yet. With your generous support, SHN Foundation granted over \$16 million to support critical hospital projects and turned our dreams into reality.

For too long, Scarborough hospitals have done more than anyone thought possible with less than anyone could imagine. Together, imagine what we could do with more.

And that's exactly what you are enabling across SHN. Thanks to your support, we opened the Community Mental Health Centre in June—a project entirely funded by donors. We reached our fundraising targets for milestone projects like the new Bridletowne Neighbourhood Centre, and the Northpine Diagnostic Imaging Department, which will begin to welcome patients late this year.

This is what you are enabling right now across SHN and across Scarborough. Together, we are transforming healthcare for our incredible community.

ALICIA VANDERMEER

President & CEO, SHN Foundation

What will your legacy be?

If you would like further information on leaving a gift to Scarborough Health Network in your will, please contact:

Verna Chen
Associate Vice President
Gift & Estate Planning
416-219-5789
vchen@shn.ca

SHNFoundation.ca/Legacy

Upcoming Events



PRESENTED BY
ALPHAWAVE SEMI



A WALK IN THE WILD
FOR SCARBOROUGH HOSPITALS



Thursday, November 21, 2024

Sip, Shop & Celebrate in support of SHN. Join us for the holiday shopping event of the season.

[Get tickets at SipShopCelebrate.com >>](https://SipShopCelebrate.com)



Sunday, June 8, 2025

SHN ZOO DAY returns for a third year of ROARING fun!

GET IN TOUCH

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314-3030 Lawrence Ave E., Scarborough, ON M1P 2T7

Please give generously to SHN Foundation today by completing the enclosed reply coupon, or by joining us as a monthly donor to make your impact year-round.

@SHNFoundation