

SPRING 2014

# THE Faces OF HEALTHCARE

The Scarborough Hospital FOUNDATION



Janice and Lawrence Gowan

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## MEDICAL ONCOLOGISTS PLAY SPECIAL ROLE in patients' cancer care journey

**Far Left:** Dr. Orit Freedman (left), Dr. Afshan Rana (centre) and Dr. Richard Colwill (right) consult over a patient file.  
**Below Left:** Renowned musician Lawrence Gowan with his wife Janice. He will be performing at the Gala on May 10. Janice received chemotherapy treatment at The Scarborough Hospital.



**F**rom the moment they are diagnosed with cancer, a patient's relationship with their Medical Oncologist is a central part of their cancer care journey. For the talented team of five Medical Oncologists at The Scarborough Hospital, it's a responsibility they accept with pride.

"As a Medical Oncologist, you have the privilege of following patients along their entire course of care and developing long-term relationships over years of therapy," says Dr. Orit Freedman, who focuses on breast and gynaecological cancers.

For Dr. Afshan Rana, oncology is about "being there for patients at a time when they really need me. It's not easy; it has its struggles, especially when we're working with life or death issues. But it's very fulfilling, being with patients, talking to patients and their families and caring for them."

"Living with cancer is an experience that can affect every aspect of a person's life," explains Dr. Jeff Rothenstein, who specializes in gastrointestinal and lung cancers. "Our job is to walk with people hand-in-hand through that journey."

Dr. Henry Krieger, a Medical Oncologist at The Scarborough Hospital since 1975, notes that "medicine is becoming more technical

and less personal, but at our hospital, we treat patients as individuals who happen to have a disease called cancer.

"Sometimes, my colleagues ask me if I'm going to retire and one of the reasons I haven't yet is that I still very much enjoy what I'm doing; I enjoy helping people. I also enjoy working at the hospital and have a great comfort level here."

Just as important as the support these physicians give their patients, is their ability to deliver the latest advances in cancer care.

"The Scarborough Hospital provides care that's on par with other institutions, and with the distinct advantage of patients receiving that care closer to home," says Dr. Richard Colwill.

Dr. Freedman adds that "the nice thing about working in the oncology field is that advances are brought into the community fairly quickly from trial settings. Once trials have positive results, we have a very good mechanism in place to bring them forward to the Scarborough community. Much of that is thanks to our Medical Oncologists who are advocating for that and are knowledgeable about what's available."

On May 10, the important work of the hospital's Medical Oncologists and the entire Cancer Care program will be the focus of The Scarborough Hospital Foundation's second Scarborough World Gala. The Gala will also honour The Scarborough Hospital's Chief of Laboratory Medicine and Medical Director of Laboratories Dr. Dhun Noria with a Lifetime Achievement Award.

"Our goal is to raise two million dollars to help us implement our vision of a fully integrated state-of-the-art Cancer Care program that will improve and further enhance the excellent care already provided at the hospital," says Michael Mazza, President and CEO of The Scarborough Hospital Foundation.

"The human touch at The Scarborough Hospital was evident in every phase of my treatment," says Janice Gowan, who received chemotherapy treatment following breast cancer surgery at the General campus in 2012.

Janice, featured on the cover of this issue with her husband, renowned musician Lawrence Gowan, has especially high praise for the hospital's nursing staff. "I am a two-time cancer survivor. For me, the chemotherapy was terrible and I was admitted to the hospital on numerous occasions. That team of nurses – they were stars. They never let me down."

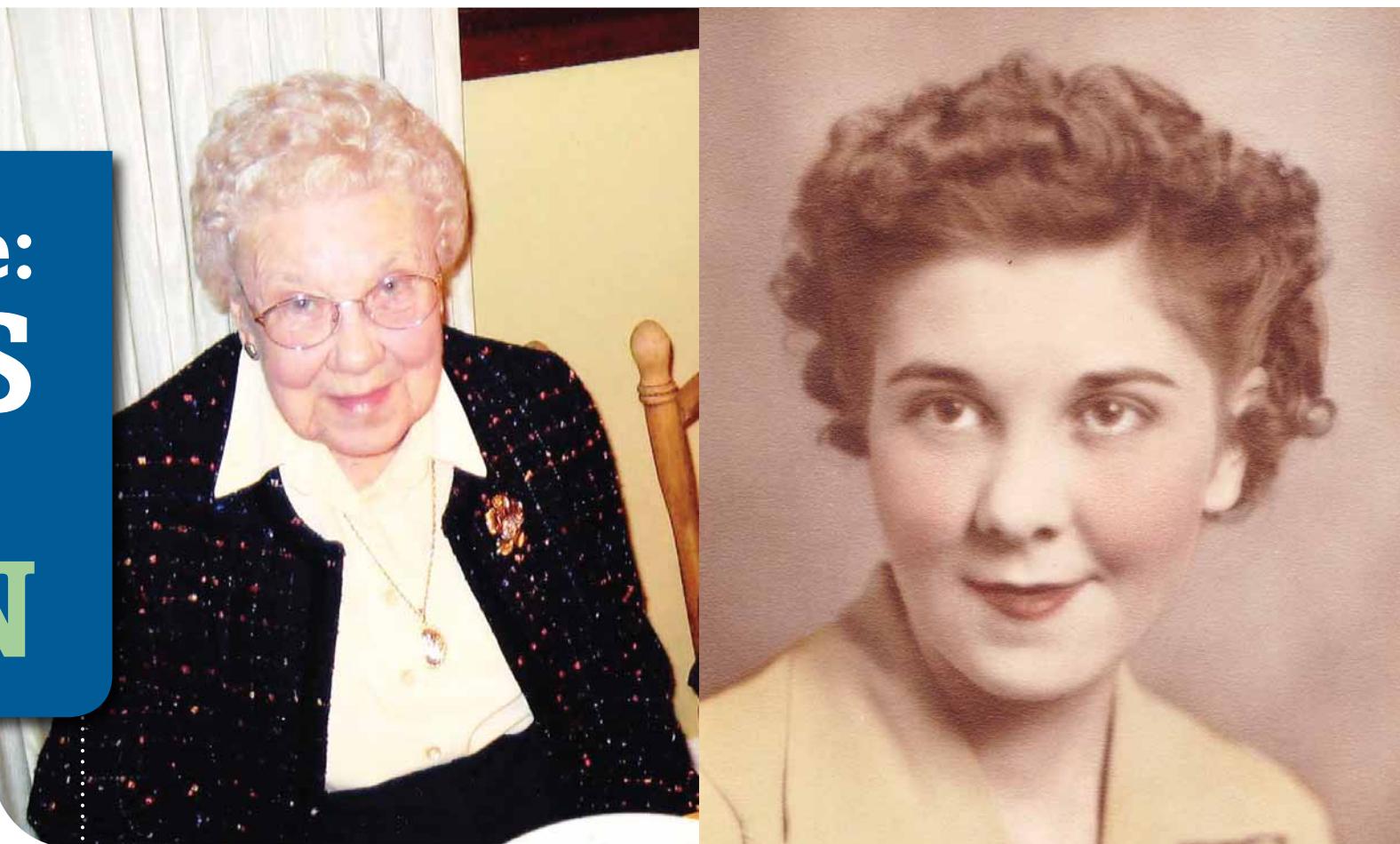
For Dr. Krieger, who has witnessed the evolution of both the hospital and its Cancer Care program during his nearly 40 years with the organization, the support the Gala will provide is invaluable.

"We have an outstanding team that delivers compassionate cancer care services to our community, and there's an exciting opportunity to build on this multi-disciplinary care and create a leading-edge cancer treatment centre for the people of Scarborough."

For more information on the Scarborough World Gala, visit [www.scarboroughworldgala.com](http://www.scarboroughworldgala.com).

**You can make a difference:** To ensure The Scarborough Hospital recruits and retains excellent physicians and surgeons, join our Caring Circle monthly giving program.

# A stitch in time: VIOLET'S LEGACY LIVES ON



Violet Arnott was still pulling weeds from her garden and driving her car six months before she died at age 93 in February 2012.

For more than 20 years, Violet donated to her hospital – The Scarborough Hospital – as an annual donor to The Scarborough Hospital Foundation. Upon her passing, Violet left the Foundation a generous \$120,000 bequest.

"We knew her through our Mom; they were close friends since grade school," recalls Violet's goddaughter, Nancy Anthony. "She wasn't related by blood, but we called her 'Aunt Vi' just the same. She was always a part of our family celebrations."

Born in Toronto in 1918 and spending her entire life here, Violet never married. An only child, she lived with her parents until their deaths.

Vi's work life began as an elevator operator, first at a medical arts building downtown and then at the Imperial Life building. She upgraded her skills and became a secretary in the insurance company's property management department, from which she retired.

"Vi became friends to anyone and everyone. People she met through work remained lifelong friends," explains Gladys

Snelling in her letter recounting her memories of Violet, who was a cousin to Gladys' husband.

Violet's ability to form friendships is echoed by Nancy.

"She was kind to everyone, and she was surrounded by so many people who admired her. She maintained a strong interest in people's lives, always asking about them," Nancy adds. "She was still cooking, gardening, hand-stitching and driving her car up until about six months before she went into the hospital. She was an avid traveller until the last decade of her life, visiting Europe and the British Islands."

Violet's needlepoint was so exquisite that her handiwork was considered 'works of art.' She was meticulous in her restoration of linens, which are still draped over the altar at St. Margaret in the Pines Anglican Church in Scarborough. In fact, Violet was one of 20 women who made and restored sanctuary linen for parishes in Toronto, across the country and beyond. That group's work was recognized by the Archbishop of Canterbury during a special service in Buffalo.

"Aunt Vi had her heart in so many places," adds Nancy. "She had a sharp mind and a clear memory right up to the end. She was incredibly organized in her life; her house was so clean, you could eat off the floor!"

**For more than 20 years, Violet Arnott donated to her hospital – The Scarborough Hospital – as an annual donor and attended Foundation events every year.**

Nancy shares with her two sisters many fond memories, including one when Aunt Vi kept the attention of two young nieces, aged five and nine at the time, rapt in her stories and lessons in needlepoint.

"At that age, we didn't think the girls would sit still for even 30 seconds, but they were so taken by Aunt Vi – they were just glued to what she was doing and she was so patient with them," Nancy recalls. "They thought she was pretty cool!"

Upon her passing, Violet left two letters behind: one to thank each person by name who had helped her in any way; and the other was her instructions for her funeral.

"Anyone who crossed Vi's path was the better for it," writes Gladys. "She enjoyed life and lived it with joy, compassion and integrity."

In honour of Violet's legacy and dedication to The Scarborough Hospital, a waiting room in the Nuclear Medicine department has been named after her.

## The benefits of donating securities

Donating publicly traded stocks, bonds, mutual funds or other securities is a tax-smart way to support The Scarborough Hospital Foundation. In May 2006, the Federal government created an incentive for gifting marketable securities to charities by eliminating capital gains tax on such gifts.

You can donate directly by electronically transferring the securities from your brokerage account to the Foundation's brokerage account (which allows you to benefit from the elimination of the capital gains tax), or sell the stocks and donate the cash proceeds. Depending on your tax situation, the tax benefit of donating a gift of securities directly can be as much as 10 to 15 per cent higher than a simple gift of cash.

By donating the stocks directly, you will not only be exempt from paying tax on the capital gains, but also receive a donation receipt for the full fair market value of your appreciated stocks based on the market closing price on the day The Scarborough Hospital Foundation takes legal receipt of your donated stocks into our brokerage account. Our policy is to sell all securities donated as soon as we receive them. You can claim charitable donations for up to 75 per cent of your net income and there is a five-year carry forward on any unused donation amount.

For more information on donating marketable securities, please contact Verna Chen, Director of Stewardship and Legacy Giving, at 416-438-2911 ext. 6040 or vchen@tsh.to.

*The information provided here is general in nature, does not constitute legal or financial advice and should not be relied upon as a substitute for professional advice. We strongly encourage you to seek professional legal, estate planning and/or financial advice before deciding upon your course of action.*

# COMING SOON...



## THE SCARBOROUGH HOSPITAL EQUIPMENT CAMPAIGN

**Meet Arlyne and her beautiful family.  
The Scarborough Hospital helped Arlyne beat cancer.**

Call 416.431.8130 to learn how you can help The Scarborough Hospital purchase life-saving equipment and help patients like Arlyne.



**Strong Communities Build Strong Hospitals**

## Get Involved: Upcoming Events

### 2nd Scarborough World Gala

SATURDAY, MAY 10, 2014

*Sheraton Centre Toronto*

The second Scarborough World Gala will take place on May 10, 2014 and will honour The Scarborough Hospital's Chief of Laboratory Medicine and Medical Director of Laboratories, Dr. Dhun Noria, with a Lifetime Achievement Award. Proceeds from the Gala will support The Scarborough Hospital's Cancer Care program.

### 14th Annual CTCC Walk-A-Thon

SUNDAY, JUNE 1, 2014

*Kids Town L'Amoreaux Park, Scarborough*

Hosted by the Canadian Tamils' Chamber of Commerce (CTCC), the 14th Annual Walk-A-Thon will be held on June 1, 2014 at L'Amoreaux Park. Proceeds from the Walk-A-Thon will go towards purchasing urgently needed medical equipment for The Scarborough Hospital.

### 2nd Annual Scarborough World Cup of Cricket

FRIDAY, JUNE 20 to SUNDAY, JUNE 22, 2014

*Ashtonbee Park*

Sign up your cricket team today for your chance to be part of a three-day 20 team round robin tournament. The event will also feature a "learn to play" Cricket Clinic for kids and adults. Proceeds will support the Cancer Care program at The Scarborough Hospital.



**You can make a difference:** Every department in the hospital has a list of urgently needed equipment. Please give generously to The Scarborough Hospital Foundation at [www.tsh.to](http://www.tsh.to).

### 1st Annual Radio-Thon

THURSDAY, JUNE 12, 2014, 7 A.M. TO 6 P.M.

*Fairchild Radio AM 1430*

Tune in for The Scarborough Hospital Foundation's inaugural Radio-Thon on Toronto's most popular Chinese radio station Fairchild Radio AM 1430. Proceeds from the Radio-Thon will benefit the Cancer Care program at The Scarborough Hospital. Special guests will include Robert Biron, President and CEO of The Scarborough Hospital, Michael Mazza, President and CEO of The Scarborough Hospital Foundation and physicians and staff from the hospital's Cancer Care program.

### 6th Annual Scarborough World Cup of Golf

TUESDAY, AUGUST 26, 2014

*Angus Glen Golf Club*

Sign up your foursome today. This promises to be a sold-out event with golf, gifts, meals, beverages, silent auction, fabulous prizes and much more. Proceeds will support the Cancer Care program at The Scarborough Hospital.

### Third Party Events

Every year, individuals and organizations hold special events in support of The Scarborough Hospital. From golf tournaments and walk-a-thons to gala events, third-party fundraising is an innovative way to support your community hospital. If you've got an idea for a third-party event, please contact Krishni Narine at 416-438-2911 ext. 6661, or [knarine@tsh.to](mailto:knarine@tsh.to).

### Personal Event Fundraising

Holding an event for charity is a great way to rally your friends, colleagues and family members and get them working together on a fun project for a great cause. Now, you can create your very own Personal Event Page to help support The Scarborough Hospital through your events! You can even use your Personal Event Page to invite and track your friends attending your event and post it on your Facebook, Twitter and other social networking sites. To learn more, please visit <http://tsh.r-esourcecenter.com/personalevent/index.aspx>.

For more details about these events, visit The Scarborough Hospital Foundation's Calendar of Events at [www.tsh.to/pages/TSHF-Calendar-of-Events](http://www.tsh.to/pages/TSHF-Calendar-of-Events).

# Outpatient spinal surgery a hit with patients

When you think of spinal surgery, you may envision hours on the operating table and days recuperating in hospital. However, for certain patients, spinal surgery can be performed on an outpatient basis.

Dr. Kevin Grant, Orthopaedic Surgeon at The Scarborough Hospital, performs about 75 outpatient spinal surgeries each year.

"These procedures are typically reserved for patients requiring lumbar decompressions and discotomies (removing spinal disc material that is compressing the nerves and creating leg-dominant pain)," Dr. Grant explains. "The newer techniques use smaller incisions and smaller dissections, allowing the surgeon to do the operation on an outpatient basis. Smaller dissections mean better post-operative pain management, which allows the patient to be discharged the same day as opposed to staying in the hospital for several days."

**I had an MRI and Dr. Grant recommended surgery as an option. I agreed and now all the pain is pretty much gone.**



"Dr. Grant is a good doctor - very friendly - and he made me feel comfortable while going into surgery."

The Scarborough Hospital has excellent orthopaedic surgeons like Dr. Grant who have the knowledge and skills to perform far more minimally invasive surgery, if only we had the right equipment and instrumentation.

"There are a whole lot of technologies - special CT scanners and microscopes - but the cost is prohibitive at this stage," Dr. Grant says.

In the meantime, Dr. Grant and his colleagues continue to find innovative ways to provide patients with more choices, less pain and with better and quicker outcomes.

**Dr. Kevin Grant examines patient Fang Hui who received outpatient spinal surgery.**

Patients who have these procedures and are unable to get up and mobilize themselves or who have too much pain are given the option of staying overnight and the next day. However, Dr. Grant estimates about 70 per cent of patients manage to get home the same day.

While this isn't a new procedure, Dr. Grant says it is part of a major shift in health care towards minimally invasive surgery, which ultimately results in better pain control and shorter hospital stays.

For 21-year-old Fang Hui, the outpatient spinal surgery meant he didn't need to stay in hospital and could continue to focus on his university studies.

"The pain in my right leg was so bad I couldn't walk. I ended up in the Emergency Department, where I met Dr. Grant," Fang says. "I had an MRI and Dr. Grant recommended surgery as an option. I agreed and now all the pain is pretty much gone."



## A CUT ABOVE: microsurgery a team effort at TSH

**M**icrosurgery is the technique of using an operating microscope to perform precision surgery on blood vessels and nerves, often for replantation of limbs and tissue reconstruction. It requires specialized skills and equipment.

"We started microsurgery at The Scarborough Hospital in 1988, which was also the time we started performing replants of amputated fingers," recalls Plastic Surgeon Dr. Timothy Sproule. "Over the last five years, we have built a regular microsurgery team, including Dr. Sarah Wong, Dr. Narayanan Nandagopal and myself to provide the best possible care."

One of the most common procedures using microsurgery is free flap breast reconstruction. The Scarborough Hospital performs 50 or more breast reconstructions a year – more than any other community hospital in Canada and more than many teaching hospitals, according to Dr. Sproule.

The hospital's microsurgery cases are not limited to breast reconstruction. For instance, recent cases for cancer and orthopaedic patients involved transferring a fibular bone to replace a jaw, while another was transplanting a huge piece of skin from the abdomen to the forehead. And, of course, hand surgery – the replantation of amputated fingers – is one of Dr. Sproule's specialities.

All of this specialized microsurgery has made Dr. Sproule's three-member team approach very efficient.

"Our surgery times have dropped as we become more efficient," he says. "For instance, our average surgery time for

microvascular reconstructive procedures is four to four-and-one-half hours compared to eight to ten hours elsewhere, and with high success rates."

To stay efficient and to continue providing leading-edge microsurgery, new equipment is required.

"We recently replaced the 25-year-old microscope with a new one, which is making things a lot easier for us," Dr. Sproule says. "We could use a new set of microsurgical instrumentation, worth several thousands of dollars. New Doppler monitoring equipment that is state-of-the-art would also provide more reliable monitoring of free flaps for the first few days after surgery; that's in the \$20,000 range."

In addition to their work at The Scarborough Hospital, Drs. Sproule, Wong and Nandagopal volunteer their time in developing countries to teach and perform microsurgery.

"We do so much microsurgery at The Scarborough Hospital that we have the confidence to go and teach the technique to surgeons in the developing world," he says. "You can do so much more with microsurgery than you can with other techniques because the dissection ability is so much more precise."

**You can make a difference:** Help our team of physicians, nurses and technologists continue to provide excellent quality of care. Donate to The Scarborough Hospital Foundation today.

# For Emergency Improvements, IT'S ABOUT TIME

“The Scarborough Hospital has exceptionally short wait times. The provincial average is 9.2 hours. Nine times out of ten, the Birchmount campus gets patients in and out within 5.6 hours or less, and the General campus in 6.1 hours or less.”

**Dr.** Norman Chu keeps his eye on the clock. He knows that time matters, both for quality of care and an overall feel of caring.

“We try to improve our wait times year over year, to see a physician and for the overall stay,” says Dr. Chu, Medical Director and Chief of Emergency Services at The Scarborough Hospital.

Across the health care system, improving wait times is no easy task. A 2012 Canadian Institute for Health Information report highlighted the consequences of long wait times in any emergency department (ED). “Patients waiting longer,” the report stated, “are more likely to experience delays in the treatment of pain or suffering, express higher dissatisfaction and leave without receiving treatment.”

Within the GTA, and certainly for the province, The Scarborough Hospital has exceptionally short emergency

wait times. The provincial average is 9.2 hours. Nine times out of 10, the Birchmount campus gets patients in and out within 5.6 hours or less, and the General campus in 6.1 hours or less. This ranks the campuses first and second for GTA emergency departments.

The hospital also targets having patients (from the time they’re triaged) seen by a doctor in 2.5 hours or less, in 90% of cases.

Reducing wait times is key to better outcomes, as demand continues to increase in the EDs. The General campus, with the newer ED, sees about 65,000 patients annually, and can accommodate even more. In contrast, the Birchmount ED was designed for 35,000 patients, and sees about 50,000. “We find innovative ways to be efficient with everything we have,” says Dr. Chu.

The wait time improvements reflect how the EDs strive to enhance overall services and processes.

For example, last September the General campus introduced daily staff huddles in the ED, an initiative of the hospital’s Innovation and Performance Improvement Office. Every morning at 8:30, frontline nurses and physicians gather to discuss issues and identify potential solutions. Other disciplines join as needed.

The huddles generate valuable ideas and problem-solving, to make emergency services safer and more efficient for patients and staff alike. “It has also strengthened the relationship between disciplines,” suggests Denise Edman, Patient Care Manager, Emergency and Urgent Care at the General campus.

To further improve patient care, the EDs always need new and better equipment. Dr. Chu’s wish list ranges from

stretchers to EKG machines to updated point-of-care ultrasounds.

These “bedside” ultrasounds are an effective way to “diagnose life-threatening conditions and help us guide procedures in critically ill patients,” says Dr. Chu. The hospital has just one at each campus, and additional ultrasounds would, as he says, “keep us at the forefront of emergency medicine.”

From staff teamwork, to efficient flows, to the latest technology, the ED is centred on both care and customer service. “We want to ensure,” says Teresa Reardon, Patient Care Manager at the Birchmount campus, “that the patient experience is positive right from the point of entry. That is our goal.”



# MANY SETTINGS for Mental Health Healing

One in five. That's how many Canadians experience a mental health problem or illness. As the Mental Health Commission of Canada reports, this costs the economy well over \$50 billion annually. It also takes an incalculable toll on individuals and their families.

Every day, The Scarborough Hospital helps to ease that burden through highly responsive Mental Health Services. Along with delivering innovative programs, the psychiatrists, additional professionals and other staff bring their dedication to help a vulnerable patient group.

"Our psychiatrists and allied health professionals recognize the importance of working together as a multidisciplinary team for the benefit of our ethnically diverse patient population," says Dr. Stephen Barsky, Chief of Psychiatry and Medical Director, Mental Health Services.

"The program's inpatient and outpatient service based within the community help to provide comprehensive support."

To reach those in need in the community, and perhaps avoid hospitalization, the Mental Health program offers a wide range of community-based services. The Psychogeriatric Outreach Program provides assessment and follow-up in 12 area nursing homes. The Mobile Crisis Program offers a 24-hour help line, as well as community visits to individuals with acute psychiatric needs. Through the Mobile Crisis Intervention Team, a nurse from the hospital partners with the police to attend calls in the community with persons at risk. Other community programs include the Assertive Community Treatment Team, which provides intensive case management for those with chronic mental illness.

In addition, the department is launching a "shared care" program, where a psychiatrist, clinical nurse practitioner and pharmacist will visit family doctors to help them address mental health issues they see in their practice. "Being embedded in the community is of utmost importance to reach those most in need," stresses Dr. Barsky.

The outpatient mental health program has recently been redesigned in order to provide more timely and evidence-based care. "These changes have had an impact



“Creating the most ideal physical surroundings is an important part of our overall philosophy of delivering an outstanding care experience for our patients.”

on accessibility and have helped to significantly reduce overall wait times," says Faiza Khalid-Khan, Patient Care Manager for Mental Health.

One wonderful addition at the hospital's Birchmount campus, where the Mental Health program is located, has been a "healing garden" on the rooftop patio adjacent to the inpatient unit (Lowes Canada employees helped to transform it). "Stepping into this peaceful setting and working in the garden is therapeutic," says Faiza. The department hopes to further enhance this garden when resources permit.

Faiza describes one former patient (a doctor himself), who returned to talk to staff about his experiences. "One thing that helped him was the garden, and going outside in nature. It calmed him," she explains.

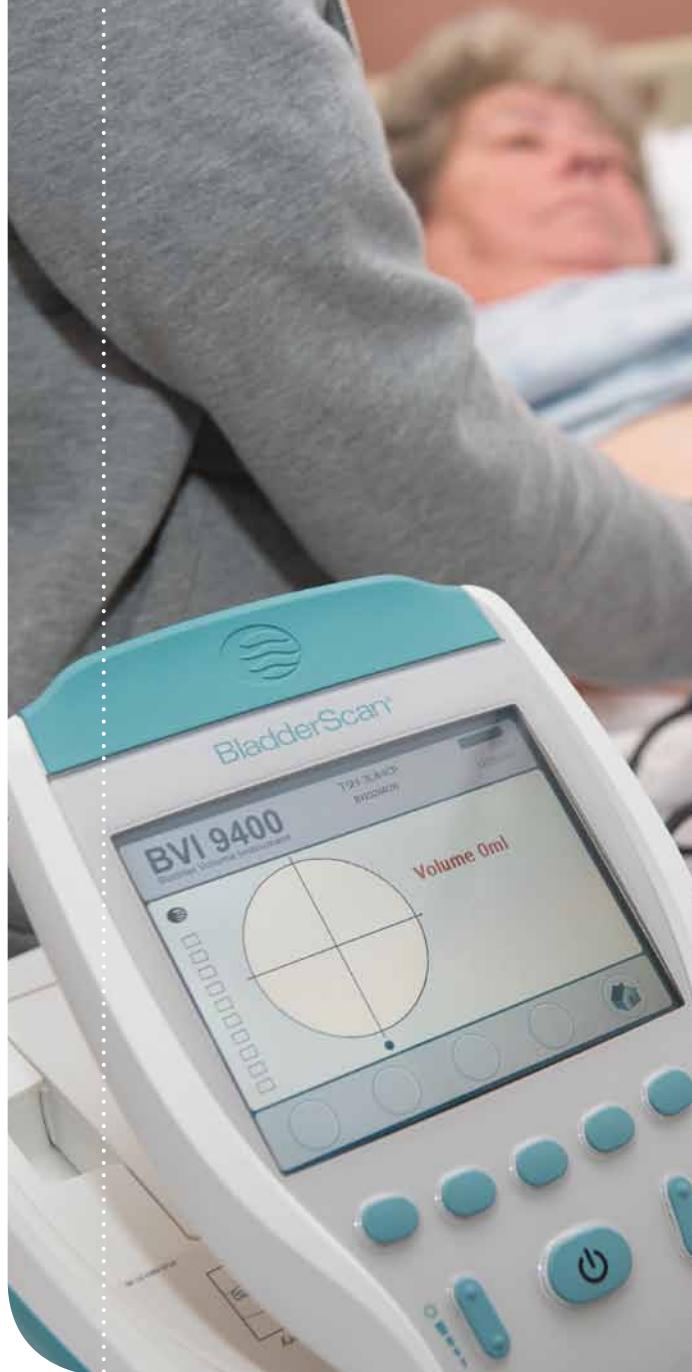
In Mental Health Services, appealing surroundings matter greatly. That, along with the programs themselves, requires investment. The inpatient unit – renovated to be bright and modern – can still use newer furnishings.

Dr. Barsky also notes that many beds (some of which were assembled in 1985 with handmade wooden frames)

TSH Mental Health Registered Nurse Eric MacMullin (left), Metro Toronto Police Officer and Mobile Crisis Intervention Team (MCIT) partner Scott Blakely (centre) and Joe Landon, Case Manager of the Mental Health Unit (right), tend to the program's "healing garden" on the inpatient unit.

need updating. He was pleased to recently receive approval to purchase the newer beds.

"Creating the most ideal physical surroundings is an important part of our overall philosophy of delivering an outstanding care experience for our patients," says Dr. Barsky.



## GENERAL CAMPUS MEDICINE UNITS “Score for their Floor”

Never has a bladder scanner been received with such fanfare. But it was with excitement and elation that the CP4 and 3 Central Medicine units at the General campus welcomed the valued piece of equipment and celebrated the successful completion of the hospital's first “Score for Your Floor” campaign last fall.

Launched in March 2013, Score for Your Floor is a fundraising initiative created by The Scarborough Hospital Foundation “as a new way to get staff engaged in supporting the hospital on a much more personal level,” said Michele Varela, Vice President of Philanthropy for the Foundation.

“Each unit raises funds for equipment they have identified as a need and that will improve patient care. Staff naturally have a connection to their unit or department

(Left photo) A patient is checked using the new bladder scanner. In the photo series: staff from CP4 (left) and 3 Central (right) celebrate the arrival of the new bladder scanner. In the centre photo, donor Sima Shah (left) and her daughter Maitri present the new bladder scanner.

and the goal is to help them feel empowered and part of the solution.”

CP4 and 3 Central staff enthusiastically embraced this philosophy, raising an impressive \$8,000 towards the \$16,000 total cost of the bladder scanner – a machine that uses a form of ultrasound to measure the amount of urine in the bladder. The remaining \$8,000 was generously matched by donor Sima Shah.

“The Scarborough Hospital has always been our hospital,” said Sima, who attended the event with her daughter Maitri. “My younger daughter was born at the Birchmount campus, my father-in-law passed away there, and my husband came to the General campus for his dialysis treatment before he passed away last July.”

“Our experience with this hospital has always been very good. Very positive. So when I contacted the Foundation to make a donation, I told them instead of just giving a general dollar amount, I was interested in helping to purchase a piece of equipment. It's been great to be able to give back as part of the Score for Your Floor project.”

“Using a bladder scanner to check if patients are voiding properly is now considered best practice,” said Laura Kane,

Patient Care Manager of CP4 and 3 Central. “We've been sharing our one existing bladder scanner between the two floors, so having this extra scanner will make a world of difference to patient care, as well as staff satisfaction.”

Although the fundraising for the bladder scanner may be complete, Foundation President and CEO, Michael Mazza, had just one more request of staff at the event. “Go out and brag to your colleagues throughout the hospital,” he enthused. “We want to let others know what's possible and encourage them to be our next ‘Score for Your Floor’ success story!”

If you are interested in learning more about The Scarborough Hospital Foundation’s Score for Your Floor program, contact Michele Varela at 416-438-2911 ext. 6662 or mvarela@tsh.to.



# Please leave a legacy gift in your will to The Scarborough Hospital Foundation



“The Scarborough Hospital is the place where my three children were born and it will always be a stable part of the community.

Everything I've got is dependent on one thing – my health. The day might come when I'll need care. I want it there for me and for everyone who needs it.”

Greer Elcombe, a long-time Scarborough resident, expresses his passion for the future of the community by naming The Scarborough Hospital Foundation as the beneficiary of a life insurance policy in his Will. He also donates a generous gift of stocks every year to help the hospital pay for medical equipment.

## What is missing in your legacy? Is it charitable giving?

College

Wedding

Career

Kids

House

Kid's College

Retirement

Legacy/Bequest

For more information on how The Scarborough Hospital Foundation can help you plan your lasting legacy, call Verna Chen at 416-438-2911 ext. 6040 or send her an email at [vchen@tsh.to](mailto:vchen@tsh.to).

[www.tsh.to](http://www.tsh.to)

