

Caring Connections

Spring 2016

Your Gifts in Action!

Daniel is on the move because of *your support!*



How you can make
a difference pg. 4

We're putting
your gifts to work -
every day pg. 10



CARING CONNECTIONS
SPRING 2016

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Welcome

We've transformed!

*On these pages and on the street, with your help,
we're re-shaping health care in Scarborough!*

Are you fired up? I hope so.

It's an exciting time for health care in Scarborough. We're on the edge of incredible change in our community, and we need YOU, our amazing donors and supporters.

In this first issue of The Scarborough Hospital Foundation's *Caring Connections* magazine, we're fired up to show you how your donations help patients throughout the hospital. In future issues, we'll update you on our ambitious plans to improve the hospital and how your support will help.

Our gratitude is contagious. Inside these pages, you'll find amazing stories about the people who make the hospital tick and how your philanthropy makes an impact.

But be careful. **Some of these stories might infect you with high levels of excitement, optimism, and pride.**

You are guaranteed to be inspired by Daniel, our delightful cover boy. He survived a life-threatening complication on his second day of life because of care and technology in our Neonatal Intensive Care Unit – technology that we have because of donors like you. Check out Daniel's story on page 12.

Most importantly, share your favourite *Caring Connections* stories with the people who mean the most to you. It is an exciting time for health care in Scarborough, and we need you – and your friends and family – to get fired up with enthusiasm and energy!

MICHAEL MAZZA, President and CEO
The Scarborough Hospital Foundation



[Get the latest news from the CEO's desk: check out Michael's blog today at www.tshfoundation.ca/blog.]

In the News

Looking to the Future

Scarborough is on the cusp of big health care changes. Recently, a provincially appointed Expert Panel made exciting recommendations for investment in Scarborough's hospital management and infrastructure, including:

- Building a new, acute care hospital in Scarborough within 15 years.
- Upgrading the Emergency Department at The Scarborough Hospital's (TSH) Birchmount campus.
- Overhauling the operating rooms at the General campus –

their first upgrade since 1956!

- Creating a Diagnostic Imaging concourse at the General campus.
- Recommending that TSH and Rouge Valley Health System's Centenary site join to form a new hospital system.

SCARBOROUGH IS ON THE CUSP OF BIG HEALTH CARE CHANGES.

It is an exciting time, and we look forward to working with the government, community partners, and donors like you, to transform health care in Scarborough.



Thank You!

One of Canada's largest residential property owners has recently made an outstanding gift to TSH Foundation.

Canadian Apartment Properties Real Estate Investment Trust

(CAPREIT) manages housing for thousands of families in Scarborough. With more than 40,000 apartment and manufactured home units, the company is dedicated to its tenants' health and welfare.

CAPREIT's generous gift to support the hospital's Maternal Newborn and Child Care program will provide Scarborough's children and their families with top-notch care at the start of their lives.

"Scarborough is an important part of our portfolio in Toronto, and by supporting The Scarborough Hospital, we are reinforcing our commitment to the Scarborough community," explains Tom Schwartz, President and CEO, CAPREIT.



Your Scarborough Hospital celebrates 90 years!

Sixty years ago, Lawrence Avenue was a dirt road. And 30 years ago, the corner of Birchmount and Finch avenues was an open field. In 1956, and again in 1985, residents of Scarborough came together to build two community hospitals: The Scarborough General Hospital and The Salvation Army Scarborough Grace Hospital. The hospitals amalgamated to form TSH in 1999, and throughout 2016, TSH is celebrating 90 combined years of service.

Building TSH's General and Birchmount campuses required dedication, donations, and drive. From fundraising and capital planning to building leading medical programs, the Scarborough community has done itself proud. Strong communities build strong hospitals, and with your support, TSH's team looks forward to the next great 90 years!

Check out how far we've come at www.tshhistory.ca and share your memories.

How to Get Involved

WITH THE SCARBOROUGH HOSPITAL FOUNDATION

You can make a difference. TSH cares for people at all stages of life – from broken bones to brain scans, from prenatal to palliative care. And, we can't do it without you. When you support the hospital, you are helping to bring the best health care to Scarborough's global community and to save lives. Here's how you can get involved:



Leave a Legacy

Remember TSH Foundation in your will, or by making a gift of life insurance, stock or RRSPs/RRIFs.



Caring Circle Club

Support the hospital every day of the year! When you join our monthly giving club, you will join a special group of people reaching out each month to help improve the hospital and bring excellent health care to TSH patients. It's easy, secure, and convenient!



Philanthropic Councils

Join philanthropists from all walks of life, and help support hospital programs and projects that matter to you. Make your voice heard as a TSH supporter.



Thank Your Caregiver

Has one of our doctors, nurses, or other health care professionals made a difference in your life? Consider letting them know how special they are by making a gift in their honour today.



Volunteer

You can make a difference in the lives of our patients and their families by simply giving your time.

BRIGHTER FUTURES BECAUSE OF YOU!



A Gift in Honour or Memory

Looking for the ideal gift to celebrate somebody special, or to commemorate a birthday, wedding, or anniversary? Make a donation to TSH Foundation in their honour and support extraordinary health care.



Share Your Story

Share your patient experience with us! By telling your story, you will inspire and educate others and help TSH ensure our care meets the needs of each and every patient.



Start Your Own Campaign

Rally your friends, family, and colleagues, and host an event to support TSH Foundation. From walk-a-thons to barbecues, you can make a difference and support a life-saving cause.

[For more information or to contact us about getting involved,
you can reach us at 416-431-8130 or foundation@tsh.to.]

All gifts are greatly appreciated.

Community Giving

DO YOU HAVE A PASSION FOR HELPING PEOPLE?

IS A PARTICULAR HOSPITAL PROGRAM MEANINGFUL TO YOU?

Join a Philanthropic Council! Become part of a vibrant and diverse group of people who are committed to supporting the hospital through exciting events, campaigns, and activities.

Caribbean Council brings island spirit to philanthropy

Mellow saxophone tones filled the air, the spicy aroma of jerk chicken and rice and peas wafted from plates.

But the 200 members of Scarborough's Caribbean community had not gathered for a beach-side barbecue. They came to launch the Caribbean Philanthropic Council – the newest TSH Foundation philanthropic council.

The councils, which include philanthropists from Chinese, South Asian, and youth communities, give specific community groups an opportunity to support hospital programs and projects that matter to them.

"I've seen first-hand the impact of not getting early testing for



Council co-Chairs Andrea Hazell and Alvin Curling

prevalent diseases that impact our Caribbean community. And I lost my mom, my hero, to one of these diseases," explains Andrea Hazell, co-Chair of the Caribbean Philanthropic Council. "I am thrilled to bring the community together and spread the spirit of philanthropy and health care awareness with Caribbean pride."

The evening kicked off with a rousing version of *O Canada*, led by high school students from Woburn Collegiate Institute. CHRYS Radio host Allan Jones kept everyone on the edge of their seats with his lively commentary and persuasive encouragement to donate to the hospital.

In between speeches, dance performances, and plenty of live music, council members and guests bid on silent auction items and hoped that one of their raffle tickets would be the key to one of the grand raffle prizes.

By the end of the evening, the council had raised \$8,000 to support vital equipment for TSH.

Why I Give!



I give to the hospital because I'm committed to giving back to the community and because of the health care my family and I have been fortunate to receive right here.

— Ganesan Sugumar,
South Asian Philanthropic
Council Chair



I began Scarborough Women in Philanthropy as a woman wanting to create a movement! We partner with women and our members to contribute and promote awareness of the health care needs in our Scarborough community.

— Alisha Punjani,
Scarborough Women of
Philanthropy co-Chair



I give because I truly want to help the hospital in whatever way I can. I am not a physician or a nurse. I am not an administrator or a clinician. I am a volunteer. I have the ability to help others and I'm inspired to act.

— Joshua Miller,
Scarborough Young
Philanthropists Chair

Do you want to join or start a Philanthropic Council? Don't delay. Contact Guy Bonnell at 416-438-2911, ext. 6664 or gbonnell@tsh.to today!

Who's Who

Help when you can

Grayson pays it forward, inspired by a generous stranger when he was 16.

When Grayson Lew was 16, he and a friend went on a week-long hiking trip, which took them through many small towns. On the first day, they realized they would not get to their next destination before nightfall.

While they were deciding what to do next, a car approached them and stopped. This was not just any car. It was a beautiful Mercedes Benz. At that time, not many people in Malaysia drove cars, and very few were fortunate enough to drive a luxury car.

Grayson explained their dilemma to the gentleman in the car. The man told the boys that he could not take them to the next town, but instead he gave them \$50 to take a bus. Grayson and his friend were so grateful. Fifty dollars was a lot of money. Grayson asked the man what they could do to pay him back. The man replied, "Help when you can."

Those four words have stuck with Grayson ever since.

Today, Grayson is a successful investment and retirement planner with offices just around the corner from TSH's Birchmount campus. He is also a member of TSH Foundation's Community Philanthropic Council.

Grayson and his wife, Christina, donate to TSH Foundation annually. This year, they made a special gift in memory of Grayson's parents, who – like the man with the Mercedes – always stressed the importance of giving back.



Point, click, give back

Drew is a technology entrepreneur with a passion for investing in bricks and mortar.

Drew Green is always on the lookout for smart ideas with big potential.

And, from the wild world of e-commerce to health care leadership in his hometown of Scarborough, Drew has a knack for picking winners.

Before starting his global journey as one of Canada's most experienced and iconic technology executives and investors, Drew harnessed the entrepreneurial drive that helped him succeed by starting his first business while he was in high school.

Drew's career took him from Scarborough to New York, California, and Chicago, before he came back home to found his own company, shop.ca. Last year, he took the reins at Indochino, the world's largest dedicated made-to-measure menswear company.

Although Drew's businesses are global, he is strongly committed to supporting projects at home. He recently joined TSH Foundation's Board of Directors.

"Growing up in Scarborough shaped how I see the world, and what I look for in the people I work with. At a young age, I learned that ordinary people with big dreams and ideas can change people's lives," says Drew. "The Scarborough Hospital does that. From donors to volunteers to staff, great people all come together to care for our community's health. That's why I wanted to get involved."



Translating data to dollars for care

Yasmeen tracks hospital procedures so TSH gets optimal provincial funding.

Health Records is not the flashiest department at TSH. In fact, you'd be forgiven for imagining a dreary office with overflowing filing cabinets.

However, you would be wrong.

"We have windows and plants," Yasmeen Aziz laughs. "And we got rid of most of the filing cabinets years ago."

Yasmeen, a Data Analyst and an 11-year veteran of TSH's Health Records team, lights up when explaining how tracking information from patients' hospital charts is vital to the hospital's financial health.

"The funding we get is based on our data, and the hospital uses the money to support patient care," she explains. "Patient care is number one: that is our motto."

Gifts from donors like you, and Yasmeen, support new equipment and renovations. Funding for medical procedures comes from the government, after the Health Records team calculates how many procedures happen at TSH each year.

Yasmeen's passion for the hospital is personal. In 2006, her father was a patient at TSH after developing complications from a heart attack. It was a rough time for Yasmeen and her family, but her dad received excellent care.

Partly inspired by her father's care, Yasmeen donates to TSH Foundation.

"It makes you appreciate how hard everyone works to give patients the best care, and it inspires me to do my best in my corner of TSH."



What Patients are Saying!

"My daughter had an appointment on her birthday. The staff had a special ribbon for her and sang 'Happy Birthday'! Thank you for making my little girl feel so special!"

"Your nurses are first class."

"Your staff were the best, they helped my dad stay as comfortable as possible. Thank you."

"When I arrived at Emergency, I could barely breathe and I thought I wasn't going to make it. Thanks to your amazing staff, I pulled through and went home that afternoon!"

" My new knee feels great."

"TSH has a warm and friendly atmosphere and top level medical care!"

[Have you been a patient at TSH? Share your patient story at www.tshfoundation.ca/share.]

Showing Passion Through Fashion

In a hospital, everything depends on teamwork. TSH's Emergency Department team coordinates every day: not just in how they work but in what they wear.



Last spring, the TSH Emergency Department (ED) physicians banded together to buy personalized scrubs for the entire ED team. The styles are similar, and each profession has its own shade. Medium blue for doctors, darker blue for lab techs, and grey for nurses. The team attendants, unit clerks, and orthopaedic assistants also have their own similar uniforms.

And, each team member has their name embroidered on the uniform.

The new uniforms visually highlight the strong connection between team members. "It's engaging to be part of a team that has a shared vision – to help patients get better," says Dr. Norman Chu, Medical Director and Chief of Emergency.

Traditionally, hospital workers provide their own uniforms, so the

team's uniforms varied in style, pattern, and colour. But the ED doctors, almost 60 of them, donated around \$20,000 to cover the cost of uniforms for the other members of the team. The doctors' own new scrubs cost them another \$20,000.

Staff were so appreciative that the nurses made a huge thank-you cake in shape of – what else? – a set of scrubs with a stethoscope.

Why did the ED doctors make the grant? "We make our livelihoods here, and wanted to contribute back to the place that has given us our careers," Dr. Chu says.

But there was more to the gesture. Dr. Chu feels the new look makes a positive impact on patients and their families.

"We know there's a link between appearance and professionalism," he says. "The care we provide is the most important thing, but uniforms can inspire that bit of confidence."

"Having names prominent on the scrubs also helps patients and families to identify each professional," adds Teresa Reardon, Registered Nurse, Patient Care Manager for the ED at the Birchmount campus.

"What I see is a team that's very proud of each other," says Teresa. "We've always had that feeling in Emergency. The uniforms just solidify it."

Did You Know?

An Expert Panel recommended upgrades and an expansion for the Birchmount campus ED! Learn more on page 3.

Did You Know? More than 117,000 patients visit TSH's two EDs every year.

The Greatest Thing You Could Do

Scotty Wells leaves a legacy to TSH

We're a long way from the farm in Manitoba," thought Leonard "Scotty" Wells as he and his wife Marcella stood in front of the four-storey, state-of-the-art hospital. The couple had moved to Ontario three months earlier after Scotty left the navy and entered the business world.

Marcella was in labour. Their daughter Debra arrived within a few hours, in the gleaming birth suites at the brand new Scarborough General Hospital. It was March 1957, and the start of the Wells' 60-year relationship with TSH.

Over the decades, TSH has been there for their health needs: from children's cuts and bruises, to more serious challenges.

Last August, Scotty found out he had kidney disease. "When they tell you you've got it, you think: 'I'm going to have to do this until I die,'" he grimaces, describing his three-times-a-week dialysis sessions.

At least the setting is familiar. Scotty gets his dialysis treatment in the very same room at TSH in which his daughter was born. No longer the birthing wing – which moved to its own floor several years ago – the room is now filled with dialysis chairs and beeping machines. The life-saving treatment

is not glamourous. "If I won the lottery," Scotty laughs, "I'd buy some new chairs."

Although he hasn't won the lottery yet, Scotty has made sure to leave a legacy of gratitude to TSH. Long-time donors to TSH Foundation, he and Marcella have decided to give a portion of their life insurance policy to the Foundation.

"The hospital was there when we needed it," Scotty explains. And, lately, the dialysis program is never far from his mind. "[Donations help the hospital buy better, more modern equipment](#)," he points out. "Who knows, you could help someone come up with a way to make dialysis faster. It takes four hours and it's a little boring. You are stuck in the chair. Better make sure your bladder is empty before sitting down!"

A navy man to the core, Scotty's habit of planning ahead helps him through his dialysis treatments and has ensured his legacy.

And for others considering their legacy? "Make a donation." Scotty says. "It is the greatest thing you could do."

➤ **Making a gift of life insurance is a powerful legacy.**
Please contact Verna Chen, Director of Stewardship and Legacy Giving, at 416-438-2911, ext. 6040 or vchen@tsh.to, to discuss how you can leave your legacy.



Scotty Wells served in the Royal Canadian Navy in Korea. We are as proud of his service as he is of his community hospital.

Your Gifts in Action

Your donations bring life-saving equipment to TSH.

Your generous gifts to TSH Foundation help us replace aging equipment with state-of-the-art technology and medical supplies.

Here's how your donations
are helping patients every day!



Infant ventilators

When a baby stops breathing, it's a race against time. **With your support, a new infant ventilator is helping some of Scarborough's youngest citizens take their first breaths.** TSH's new infant ventilator is already getting lots of use in the Neonatal Intensive Care Unit. The ventilator helps premature and critically ill infants breathe when their lungs are damaged or underdeveloped. The ventilator keeps babies' lungs from collapsing between breaths, and ensures the air they breathe is oxygen-rich and moist enough so their lungs don't get dry. A baby's first cry is so special, and for children who need ventilators, it means their lungs have strengthened and they are ready to bellow at the world. Thank you for giving them a voice.



Microscope, Retinal Surgery

Our delicate retinas are only 10 cell layers thick, but with your help, TSH surgeons are operating on them with precision and exquisite control. A new microscope for retinal surgery, purchased with support from generous donations like yours, allows surgeons to see the retina's finest details, even when patients have advanced cataracts, which can blur the image in older microscopes.

And, if you thought surgery was all about hand-eye coordination, surgeons use their feet to focus this microscope. The foot panel means that, in the middle of operating on your eye, a surgeon doesn't have to stop the procedure to adjust the microscope's focus by hand. **Your gifts allow eye surgery at TSH to be smoother and faster, so more people can get the eye surgery they need.**

Constellation Unit, Retinal Surgery

TSH's eye surgeons restore people's sight every day. Retinal surgery, which repairs torn or damaged retinas, is one of the most complex eye surgeries. But **thanks to your generous support, a new constellation unit is helping our teams perform safer, faster surgery.**

The robot-like constellation unit allows surgeons to make just three small cuts in the eye, which helps patients recover faster and have fewer complications. During surgery, the constellation unit controls the pressure inside the eye, keeping it as close to normal pressure as possible. The unit also



measures complex medications that patients need during surgery, letting surgical nurses focus on how the surgery is progressing.



Neonatal intensive care monitors

Some of the premature babies born at TSH weigh less than two pounds and are so small you can hold them in the palm of your hand. Checking their vital signs regularly can mean the difference between life and death. But babies this small are too delicate to use regular baby

monitors, and invasive checks – like a blood pressure cuff – would injure them. **Enter the four new neonatal intensive care monitors that your gifts helped purchase.**

The monitors keep tabs on babies' blood pressure, oxygen levels, temperature, and heart rate, while keeping them warm with a gentle heat lamp. A nurse can check how a baby is doing with one glance at a screen, letting the baby put its energy into gaining strength and growing without constant interruption.



Surgical Cordless Drill

From assembling your new Ikea furniture to running electrical wires through the walls of your kitchen, an electric drill is a must-have tool in your toolbox. And, they're a must-have on the instrument table for orthopaedic surgeons who operate on bones.

Donations are key to surgical success, and helped the hospital buy three new surgical drills this year. TSH surgeons use the drills to make holes or tunnels in patients' bones through which they thread



and reattach tendons, or put rods or screws into the bones to fit them back together. The new drills are a mix of pistol grip and pencil grip – surgeons choose which drill to use based on what kind of drilling they need to do – and unlike your trusty Black and Decker, these drills are sterilized to 300 degrees Celsius before each use. Thanks to your support, the TSH surgical team has more drills and can perform more surgeries so patients have shorter wait times. **Better care, thanks to you!**

You can make a difference! Support urgently needed equipment for every hospital department by donating to TSH Foundation today.



“What Matters To You?”

Because of your generous support, personalized, sensitive care helps TSH babies – and their families – get a strong start in life.

To Sheena Karim, baby Daniel is a marvel. He eats everything in sight, and is a persistent little monkey – a little boy in every way. Sheena knows she is lucky. In March 2015, a month before his due date, Daniel was born by emergency Caesarian section (C-section) at TSH.

At first, Daniel seemed to be fine, sleeping in a bassinet beside Sheena’s bed. Nurses were checking on both of them



(NICU), so the team could make sure his breathing was normal, and identify any other complications he might have.

"The nurses and NICU team saved Daniel, absolutely," says Sheena.

That care went beyond Daniel's health. "The nurses helped me through the most difficult time in my life," Sheena continues. "One nurse in particular, Catherine, was so calm, kind, and genuine. I felt much better when I talked to her. Many times, she hugged me if I was crying. I needed the emotional support, and that's what she gave me."

That kind of holistic approach to caring for mothers and babies is at the heart of TSH's Maternal Newborn and Child Care (MNCC) program.

Close to 5,000 babies are born each year at TSH. In multicultural Scarborough, the MNCC families have a vibrant mix of ethnic backgrounds, religions, languages, and preferences. Every new family is unique.

"The old method was to ask 'What's the matter with you?'" explains Patient Care Director, Barb Scott. "Now we ask 'What matters to you?'"

Every day, Barb and her team ask themselves "How do we include the mom and baby's family? How do we recognize their diverse needs, wants, and traditions? How can we make their stay even better?"

Respecting diversity takes on many forms – translators, kitchenettes so families can bring their own food, even giving

patients the option of a hospital gown or a robe and pyjama pants. Most importantly, the team helps each mother make safe choices about labour and delivery, according to her customs and beliefs.

The MNCC program has open visiting hours, so partners can stay overnight and bond with the baby. There is no limit on visitors (provided staff can do their work), which lets large families easily meet their newest members.

Specialized equipment also helps parents bond with their baby,



**"HOW DO WE INCLUDE THE MOM AND BABY'S FAMILY?
HOW DO WE RECOGNIZE
THEIR DIVERSE NEEDS,
WANTS AND TRADITIONS?
HOW CAN WE MAKE THEIR
STAY EVEN BETTER?"**

– Barb Scott, Patient Care Director

even when the child needs critical care. For instance, when newborns develop jaundice, they are often treated in an incubator. As an alternative, the MNCC program acquired bili blankets, a "blanket of lights" that babies lay on to get the therapy they need for jaundice, but moms can now cuddle and breastfeed them.

From bili blankets, to the bassinette in Sheena's room and

regularly. When Daniel was a day old, a nurse dropped by between scheduled visits. In an instant, she knew something was wrong.

Daniel was blue and wasn't breathing. The nurse lifted and patted him, and immediately called her colleagues. Within seconds – an eternity to Sheena – Daniel cried and was breathing again. Daniel spent the next five days in the Neonatal Intensive Care Unit



Dr. Salikah Iqbal



Dr. Stacy Costa

the NICU monitors that kept watch on Daniel, specialized equipment helps newborn babies get a head start on life. **And, generous donations from TSH donors are vital to helping the hospital purchase this equipment. Along with TSH doctors, nurses, and staff, you are helping new families every day.**

From equipment purchases to decisions about care, the MNCC team's goal is straightforward: help new mothers and babies have the best possible experience at TSH.

Many expectant moms come from cultures where they are surrounded and supported by women. So, Dr. Salikah Iqbal sometimes suggests using a doula, which she calls a "birth companion". Doulas are trained to make suggestions for labour progress, and help with relaxation, massage, positioning, and other techniques for the mom's comfort. Properly supported during labour and delivery, women tend to rely less on medication, and their labour is likely to proceed more quickly and positively.

Practicing at TSH is a homecoming for Dr. Iqbal. A volunteer in the labour and

delivery program at the hospital when she was 15, she later joined the MNCC team in 2014. "Working here is a privilege," says Dr. Iqbal.

As someone who grew up in Scarborough, Dr. Iqbal understands and appreciates the community's diversity. She also knows that listening to families is a vital part of care.

"We're trying to accommodate their wishes and offer choices, and that leads to better birth experiences," says Dr. Iqbal.

Empowering expectant mothers often centres on those choices. One of Dr. Stacy Costa's patients followed two natural births with two C-sections. Pregnant again with her fifth child, she wanted to have a natural birth. When Dr. Costa asked why she wanted this so badly, the woman explained that she needed to feel in control of her life as a mother, "for her well-being."

Dr. Costa weighed the options; a vaginal birth after C-sections can be complicated. But she felt the woman's wishes were reasonable, and that success was likely. Last December, the woman gave birth naturally at TSH. Her child was healthy and, just as importantly, she felt respected

and involved throughout the birthing process.

There were times when Sheena didn't feel so empowered.

Her pregnancy was difficult. Her blood pressure was high, and she had not gained much weight. Sheena worried.

During her labour, Daniel's umbilical cord wrapped around his neck, and Sheena was whisked to the Operating Room for an emergency C-section. Then came the terrifying moment when Daniel stopped breathing.

Sheena was grateful for the urgent medical care, "but I was overwhelmed."

As Daniel was resting comfortably in the NICU, nurse Catherine was there for her. "She kept telling me he's going to go home, and to take care of myself so I could take care of him. It was a hard time emotionally. Catherine said it was okay to feel the way I was. She put her heart into it, and was exactly who I needed."

When mothers and families require it most, the MNCC program delivers the ideal and appropriate care, honouring them and their needs.

"Everybody worked so well together," says Sheena. "I felt like I was at the centre of care, that everything was being done for my benefit and my son's benefit."

Did You Know?

Your donations are helping purchase new equipment and update the Family Maternity Centre and NICU at TSH's Birchmount campus!

[Take a virtual tour of the operating room where Daniel was born: www.tshfoundation.ca/virtual-tours.]



I
Support
My
Scarborough
Hospital

Will you?

DONATE TODAY
at caringconnections.ca

Snap! Snap!

From the golf green to the gala, TSH Foundation supporters like you are putting the fun in fundraising! Thank you for your commitment to world-class health care for every TSH patient.



Robert Biron, TSH CEO and Michael Mazza, TSH Foundation CEO honour Hospital Champions, Lai Chu (Chinese Philanthropic Council), Hyacinth Robinson-Powell (Caribbean Philanthropic Council), and Marg Middleton (Scarborough Women of Philanthropy Council) for their work in the Scarborough community and their support of TSH.



Cutting the ribbon to start the 15th Annual Canadian Tamil Chamber of Commerce Walkathon.



TSH celebrates McHappy Day! TSH Board Chair Janet Dalcandro, McDonald's store owner Terry Brazil, and TSH Foundation Board Member John F. Bankes.



CP24 personality and Scarborough-native, Arda Zakarian, warms the crowd up at the Sip, Shop and Celebrate Women event.



TSH Kaleidoscope Ball VIPs Mike Holmes, Betty Carr, Farley Flex, Dr. Sophie Hofstader, and Cherie Piper.

[Share your TSH Foundation event snaps with us, and you might be featured in the next issue! www.facebook.com/TheScarboroughHospitalFoundation.]



Andrew Buck, Joel Clarke, Josh McNair, and Mackenzie Sharpe jump for joy at the Scarborough World Cup of Golf.



Warden and Steeles
Shoppers Drug Mart staff
celebrate a successful Shoppers
Tree of Life campaign
in support of TSH.



Lucky winners of
TSH Foundation's Win a Car Lottery,
with their new cars and iPads; Lottery
sponsors Justin Griffin of Scarborough
Toyota Scion; Christine Williams and
Lucy Celebre of Scotiabank.

Upcoming Events

8th Annual Scarborough World Cup of Golf

Tuesday, August 9, 2016
Angus Glen Golf & Country Club, Markham

Sign up for your foursome or sponsorship today. For more information, contact Guy Bonnell 416-438-2911, ext. 6664 or gbonnell@tsh.to.



Brave T.O.

Saturday, September 24, 2016
Morningside Park,
390 Morningside Avenue,
Scarborough



Think you've got what it takes to beat the best? Sign up for Scarborough's newest adventure race and help support live-saving care at TSH. Register today at www.brave.to.

Shoppers Drug Mart LOVE YOU campaign



September-October 2016

Your participation in the Shoppers Drug Mart Tree of Life campaign will make a difference to women's health in Scarborough. Please visit www.tshfoundation.ca for participating Shoppers stores.

Community Loyalty Program

Join TSH Foundation's Community Loyalty Program, and let us help you promote your products and services through this exclusive program. To learn more, contact Krishni Narine 416-438-2911, ext. 6661 or knarine@tsh.to.



Inner Works

Spotlighting behind-the-scenes bits of TSH that impact your care in surprising ways.

Do vending machines have a place in a surgical department? If you ask TSH's surgical team, the answer is a resounding "Yes!" They pick up their Operating Room (OR) uniforms, called scrubs, from a vending machine...but no loonies are required!

TSH uses ScrubEx to dispense OR scrubs for the same reasons we buy snacks from machines. It's predictable, fast, and cost-effective. Instead of picking through piles of tops and pants in a linen room, as soon as doctors and nurses key in their personal access code, they get access to sterilized scrubs in their size in mere seconds.

The system also helps the hospital save money and, as scrubs stay sterile from the time they arrive at the hospital to the time TSH staff put them on, harmful bacteria is kept at bay. And, because you can't get a new set of scrubs without depositing a used set, fewer sets go missing. Money that TSH would spend replacing scrubs instead goes towards improving care for patients.

When a surgeon's pager goes off, every moment counts. TSH's scrubs vending machines shave crucial seconds off the time it takes to get to the OR and save lives.





THINK YOU'VE GOT WHAT IT TAKES TO BEAT THE BEST?

Brave T.O. is a new breed of obstacle course inspired by our city's courageous first responders. Tackle the fiercest challenges faced by Toronto's police, paramedics, and firefighters – and help support life-saving care at The Scarborough Hospital.

09.24.16
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Please consider leaving a legacy gift to The Scarborough Hospital Foundation



“In living your life,
do whatever good you can –
some things for yourself,
some for your family and
some for your community.

A Will is making sure
that your final act will fit
the same pattern of living.

And that gives you
peace of mind.”

Jennifer Cawthorne,
a long-time Scarborough resident
who lives just minutes away from
The Scarborough Hospital’s
Birchmount campus, expresses her
passion for the hospital by naming
The Scarborough Hospital Foundation
in her Will.

Jennifer also makes a generous
annual donation that provides
funds to the hospital for much needed
medical equipment.

Our legacy name: The Scarborough Hospital Foundation
Charitable Registration Number: 11914 2263 RR0001

For more information on charitable bequests, please call
Verna Chen at 416-438-2911, ext. 6040 or email to vchen@tsh.to.

www.tsh.to

