

# Caring Connections

Fall 2016

Your Gifts in Action!

## PIZZA NOVA *Makes a Difference*



Make a Gift In  
Memory to help  
many more *pg. 8*

Learn how you  
can plant the seeds  
for the future *pg. 9*



CARING CONNECTIONS  
FALL 2016

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**PUBLISHED:** Twice annually by  
The Scarborough Hospital Foundation

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**Canadian Publications Mail Agreement**  
No. 41376018

**Charitable Registration Number**  
11914 2263 RR0001



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# Welcome

## Let's Get to Work

*It's time to reshape health care services in Scarborough.*

This year, The Scarborough Hospital (TSH) celebrates 90 combined years of service in the community. Over the years, we have shared many stories of how our donors and patients have connected with our local community hospital. But this Fall and Winter season, TSH is gearing up for our greatest story yet!

Along with our partners in health care, we are redefining health care services in Scarborough.... And we need your help to do it!

In April, Dr. Eric Hoskins, Ontario's Minister of Health and Long-Term Care, endorsed a plan to strengthen hospital services in Scarborough. As we prepare for the future, it is important to reflect on the past and celebrate how far we've come together.

In this issue of Caring Connections, we're excited to share with you the immense impact your donations have made in the lives of our patients, staff, volunteers, physicians, and community members. We're excited to show you how your impact extends beyond the waiting room to support the health and wellness of our community. But most importantly, we're thrilled to show you how Scarborough's community members – whether they be your neighbours, community activists, corporate citizens, or late loved ones – have rallied support for our community hospital.

Thanks to your generous gifts, TSH is well-positioned for success as we reshape the health care services in Scarborough.

We're thrilled to be on this exciting journey together; however, it's time that we get to work.

Will you join us?

MICHAEL MAZZA, President and CEO  
The Scarborough Hospital Foundation



Get the latest news from the CEO's desk: check out Michael's blog today at [www.tshfoundation.ca/blog](http://www.tshfoundation.ca/blog).

# In the News



## Beat The Best

On September 24, 2016, up to 2,500 racers will descend on Morningside Park for Canadian Tire Brave T.O.

This inaugural 5K obstacle course is inspired by the training regimens and day-to-day challenges faced by Toronto's Police, Fire, and Paramedic professionals. Five race waves offer something for all ages, from casual to competitive, including a youth and high school challenge.

Canadian Tire Brave T.O. will pit participants against standards set by the best of Toronto's first responders and test competitors of all abilities, while building community spirit and funding critical health care needs at The Scarborough Hospital. It is through community support from events such as Brave T.O. and corporate sponsors like Canadian Tire, that the hospital is able to upgrade life-saving equipment.

For more information and how to register, go to [www.brave.to](http://www.brave.to).

## Foundation Board Adds Two

Two new members were welcomed to the TSH Foundation Board of Directors in June 2016.

Dr. Catharine Whiteside is certified in Internal Medicine and Nephrology as an MD and PhD graduate from the University of Toronto, where she served as the first female Dean and Vice-Provost, Relations with Health Care Institutions for the Faculty of Medicine from 2006 to 2014. She is also one of the newest appointees to the Order of Canada. She joins TSH

Foundation Board as Second Vice-Chair.

Pearl Schusheim is an accomplished strategic advisor to high net-worth families, entrepreneurs, and not-for-profit institutions. She has practiced tax law for 34 years and retired from EY (Ernst & Young) in 2015 after a distinguished career in several leadership roles. Pearl holds a BA from McGill University, as well as an LLB and LLM from Osgoode Hall Law School.

## Nephrology Program Celebrates 20 Years in Scarborough

On September 16, 2016, TSH's Regional Nephrology Program will celebrate its 20th anniversary. The original 24 station in-centre dialysis unit opened in 1996, reaching its 144 patient capacity shortly after opening. With a Regional Nephrology Program in Scarborough, residents of Scarborough could access dialysis close to home.

Today, the program has expanded across three satellite sites and includes a robust home-dialysis and Chronic Kidney Disease program – the largest in the province. It also has a strong partnership with St. Michael's Hospital for

transplantation and maintains a wide range of community partners to provide education, treatment services, and follow-up

**TSH'S REGIONAL NEPHROLOGY PROGRAM IS RECOGNIZED AS ONE OF THE LARGEST IN NORTH AMERICA SERVING MORE THAN 6,000 PATIENTS ANNUALLY.**

care. TSH's Regional Nephrology Program is recognized as one of the largest in North America serving more than 6,000 patients annually.

# 1 in 10 Canadians has Kidney Disease

*The Scarborough Hospital (TSH) has the largest kidney disease program in the province, specially designed to meet the prevalent renal care needs of Scarborough's diverse community. Discover David's journey through the Chronic Kidney Disease (CKD) program to learn how TSH serves the growing need for kidney care in Scarborough.*

START



## Entering the CKD Program

When David was diagnosed with chronic kidney disease in his 20s, his family physician referred him to a nephrologist, who then referred him to the CKD program at TSH. The multidisciplinary team evaluated his kidney function, educated him on his condition, and outlined a clear course of treatment, which included dialysis, transplantation, and care management.



## Peer Support Group

Established in 2007, the Peer Support Group is made up of: patients on dialysis, or those who have received a kidney transplant, family members, dietitians, social workers, and nurses. Together, they support and share strategies to help patients manage the burden of chronic kidney disease, decide which type of dialysis treatment best suits their lifestyle, and provide guidance on how to self-manage their kidney disease.

Did you know?

TSH serves more than **6,000 patients** living with chronic kidney disease.



## In-Centre Dialysis Care

After a number of years successfully managing his dialysis at home, David's support and medical condition changed, which required him to consider other dialysis options. For his convenience, David decided on in-centre dialysis treatment at one of TSH's three satellite sites located close to his home. As his condition improved, he was able to continue managing his dialysis at home.



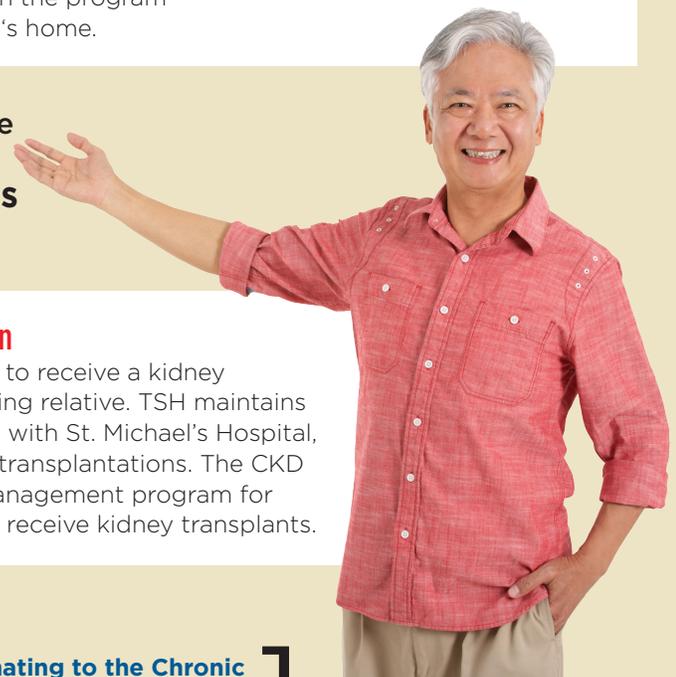
## Home Dialysis Program

For many years, David's care was managed through the CKD program. However, as his kidney failure progressed, he made the decision to participate in TSH's home dialysis program. After a series of demonstrations, he learned how to perform dialysis in the comfort of his own home. All equipment and supplies were provided through the program and delivered directly to David's home.



## Kidney Transplantation

David was fortunate to receive a kidney transplant from a living relative. TSH maintains a strong partnership with St. Michael's Hospital, which performs the transplantations. The CKD also offers a care management program for patients who do not receive kidney transplants.



Help those living with kidney disease by donating to the Chronic Kidney Disease program at TSH by visiting [www.tshfoundation.ca](http://www.tshfoundation.ca).

# Community Giving

**DO YOU HAVE A PASSION FOR HELPING PEOPLE?**

**IS A PARTICULAR HOSPITAL PROGRAM MEANINGFUL TO YOU?**

Join a Philanthropic Council! Become part of a vibrant and diverse group of people who are committed to supporting the hospital through exciting events, campaigns, and activities.

## Volunteerism Pays Dividends

Many people yearn for a slower pace of life when entering retirement, but not Marg Middleton. When she retired from Metroland Media in 2014, she knew it was an opportunity to give back to the community she loved. Marg joined the Scarborough Women of Philanthropy, a philanthropic council supporting TSH Foundation.

“I absolutely love it,” said Marg. “I’m able to lend my business skills to a good cause, and meet like-minded professionals in the community.”

Marg’s community resources and business acumen helped tremendously when the council pulled together their inaugural *Sip, Shop, and Celebrate Women* fundraiser in a mere three weeks. The event brought the community together to enjoy live music, auctions, and recognize the unique



goods and services provided by local vendors. Thanks to the hard working women on the philanthropic council, the night was a resounding success raising more than \$20,000 for the hospital’s Maternal Newborn and Child Care program.

Through her work with TSH Foundation, Marg has become familiar with the hospital environment, which helped tremendously when she learned she needed knee surgery.

“There are certain perks to volunteering with a hospital,” Marg recalled. “I was already well acquainted with my Orthopaedic Surgeon, Dr. Pervez Ali, and knew he had a stellar reputation.”

After a successful recovery, Marg is inspired to give more to ensure that the doctors, nurses, and patients have the resources they require well into the future.

## Why I Give!



“As someone who lives and works in Scarborough, it’s important to give back to the community, and what better place than the hospital to do that.”

– Jocelyn Williams, Scarborough Women of Philanthropy Co-Chair



“The Scarborough Hospital has top notch doctors serving the community, but they need leading-edge equipment and facilities to provide the best medical care to patients.”

– Henry Lee, Community Philanthropic Council Co-Chair



“I give to bring the community together and to spread the spirit of philanthropy

and health care awareness with Caribbean pride.”

– Andrea Hazell, Caribbean Philanthropic Council Co-Chair

**Do you want to join or start a Philanthropic Council? Don't delay. Contact Guy Bonnell at 416-438-2911, ext. 6664 or [gbonnell@tsh.to](mailto:gbonnell@tsh.to) today!**

# Who's Who

## A Family Practice

Penny Rudolfo remembers very little about the night she suffered a brain aneurysm. All she remembers is brushing the newly fallen snow off her car as she struggled with a pounding headache and blurred vision. As she waited in the parking lot for her symptoms to subside, she knew something was wrong.

Fortunately, she works as an Executive Assistant at The Scarborough Hospital, so she was close to the Emergency Department – in fact, she was in the hospital's staff parking lot when her symptoms arose.

"I went in and sat in the waiting room...and the next thing I knew, it was three days later," she recalled. "I have very little memory left of what had happened or where I was."

She knows exactly how lucky she is to have survived: her sister-in-law died from a brain aneurysm.

"That's sort of what I think of as my fate if I hadn't been treated right away." Luckily, Penny's colleagues quickly diagnosed her symptoms and

arranged to have a CT scan performed immediately.

"Everyone really did take care of me like I was family," she says. Staff often stopped in between rounds to make sure she was comfortable and happy. They even went above and beyond by arranging to have her car driven home so her family could remain by her side.

Penny didn't hesitate to say that in order for the hospital to continue providing exceptional service, it takes help from the community.

"Thanks to the generous support from the community, the hospital is able to upgrade some of their equipment."

Without immediate access to a CT scanner the night she was admitted, Penny might not be here today.



## Pulse of the Community

Many things can make your heart beat faster. For Naveed Ul-Hassan, it wasn't a gripping scene from an action movie or too much morning espresso. Instead, it was an arrhythmia, and it required immediate attention.

Thankfully, the Assistant Vice-President and Branch Manager of Habib Canadian Bank was close to The Scarborough Hospital's General campus. He had already begun making small donations to The Scarborough Hospital, having been to a fundraising event at a client's

house a few years before.

"I heard about all the good things that the hospital was doing," he said. "That motivated me."

The day he was admitted, he saw firsthand the effects of his donations. The quality of care he received was superb and his caregivers immediately addressed his condition.

"It was amazing," he recalled, saying he received an appointment with a cardiologist the morning after being admitted to the Emergency Department.

"I received very good care, so I decided that every year I should continue to donate. And then I learned that the government doesn't give much."

While the quality of care he received helped to showcase the power of his donations, Naveed doesn't continue to give for himself: he gives to help the community. "It's for the greater good."

## Over a Decade of Dedication

When it comes to Scarborough, **Mary Murphy** doesn't mince words. As a member of The Scarborough Hospital Foundation Board of Directors for more than a decade and a lifelong Scarborough resident, she's seen the strides the hospital and her community have made.

"I think that we are a model for the world," she said.

But she also sees Scarborough as an area that is often misunderstood, which Mary thinks is a shame, given the strong community bonds she sees reflected in her neighbours. It's this sense of pride for her community that motivates her to give back.

As a celebrated Chartered Accountant and Certified Financial Planner, Mary helps to raise funds and awareness so her neighbours can continue to access exceptional health care close to home. But there are certain challenges that present themselves in that pursuit.

"We have unique needs in Scarborough that create unique costs," she said.

With 60 per cent of Scarborough residents coming from countries outside of Canada, certain

needs must be taken into account when providing health services. Linguistic barriers, cultural considerations, and previous experiences with health care providers are all things hospital staff keep in mind when addressing the needs of their patients.

In spite of the challenges, staff continue to exceed expectations and remain leaders in health care. The Scarborough Hospital's Global Community Resource Centre, for example, provides multilingual health and community workshops, helping to bridge the gap between patient and care.

And, even after a decade of service and her own patient experience at The Scarborough Hospital; Mary never tires. Witnessing the dedication from hospital staff inspires her to continue her work to find the funding to keep these traditions of excellence alive.



## Home Away from Home

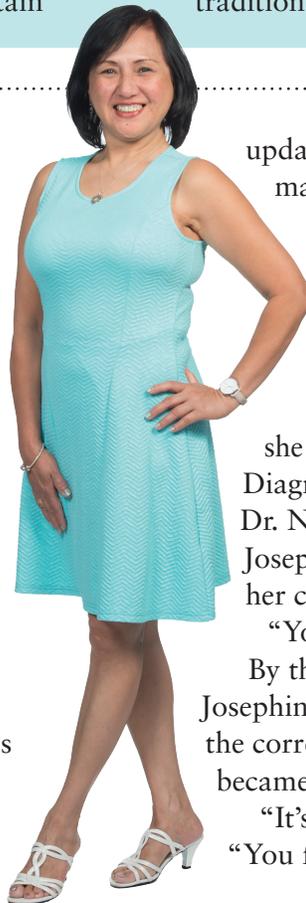
If **Josephine Bulandres** was going to be a cancer patient, she decided she would be a *well-dressed* cancer patient.

After being diagnosed with breast cancer and undergoing a mastectomy shortly afterward, she was understandably nervous about starting chemotherapy. To combat these nerves, she decided to dress to the nines each time she had treatment.

"I was trying to be fashionable just to make me feel better," she said with a laugh.

She also listened to her favourite music – bossa nova – during each procedure, bringing a bit of home to the hospital.

To her surprise, the Oncology facilities at The Scarborough Hospital's General campus "didn't look like a treatment centre", which helped her feel more relaxed about a process she was very nervous about. She recalls



updated magazines and attentive staff who made sure she was always comfortable.

She was also surprised by the sense of community she felt during the procedures.

"I thought I was alone," she recalled. "But sitting there with more than 20 patients made me less nervous."

When she began her journey to recovery, she underwent extensive testing in the hospital's Diagnostic Imaging department. Overseen by Dr. Nadine Norman and Dr. Henry Krieger, Josephine said she had complete faith in all of her care providers.

"You can put all your trust in the doctors here."

By the end of her treatment, the fashionable Josephine not only beat cancer, but also her fear of the corresponding procedures. In fact, the hospital became a comforting place.

"It's in the heart of Scarborough," she said. "You feel like you're at home."

**Have you been a patient at TSH? Share your patient story at [www.tshfoundation.ca/share](http://www.tshfoundation.ca/share).**

# Honouring the Past



Ayush Patel with his parents, Rupal and Digant, and younger sister Rahi.

Every May, Ayush Patel and his family gather to honour his late grandfather, Chandubhai Patel. They eat his favourite dishes, share stories about him, and look through family photo albums. In doing so, they're reminded that, although he passed away four years ago, he remains alive in their memories.

This year, however, nine-year-old Ayush spent time thinking about a special way to remember him.

"I am doing something for my grandpa," he declared to his father,

**WITH AYUSH'S CONTRIBUTION, HE'S ENSURING A STELLAR TRADITION OF CARE CONTINUES FOR YEARS TO COME.**

Digant. And with the clarity and decisiveness that youth offers, Ayush grabbed his piggy bank, emptied its contents and told his parents he wanted to make a donation to the hospital that cared for his grandfather in his final days.

Chandubhai spent the last of his time being cared for by staff in the palliative care unit at the General campus. Ayush visited him every day after school, spending time with the man who had been a mentor and confidante. They often took long walks through their Scarborough neighbourhood to the local library.

The \$151 that Ayush donated represents the sum total of the young boy's financial accomplishments: the fruits of birthday gifts and hard-earned grades originally squirrelled away for toys. But when the family gathered to discuss how to honour Chandubhai, Ayush knew he could put his money to much better use.

Digant and his wife Rupal aren't surprised by their young boy's actions. As a family, they regularly donate to various organizations, including the BAPS Hindu temple they attend. In this way, they try to impart the value of charity and selflessness to their children.

The Patels have a particularly special relationship to the hospital: Ayush and his seven-year-old sister, Rahi, were both born here. It's for this reason that Digant and Rupal knew they could trust the staff to care for their ailing family member.

"The Scarborough Hospital is one of the best," Digant said.

"Chandubhai contributed so much to our family," Digant recalled of his father. And with Ayush's contribution, he's ensuring this tradition of care continues for years to come.

You can make a Gift In Memory online at [www.tshfoundation.ca](http://www.tshfoundation.ca) and send a personalized e-card to let the family know of your thoughtful gift.

# Planting Seeds for the Future

**I**N Mrs. Salome Harrison's backyard, a lilac tree stands tall. Its blossoms spring up and burst with colour, casting a purple ceiling high above; below, its roots dig deep and anchor it to the grounds of the Scarborough house where she's lived for more than 50 years. When she planted it, she thought it would add a small touch of colour to the garden, never imagining it would reach such heights. "Now it's over my head," the 93-year-old says.

Mrs. Harrison will continue this trend of planting seeds for the future by leaving a legacy gift for The Scarborough Hospital Foundation. In her Will, she's set

aside funds to help the hospital continue providing the services she and her family have used for decades.

Mrs. Harrison has seen firsthand the power of the hospital. She is a breast cancer survivor, having undergone a double mastectomy. She says she received excellent care during this most challenging procedure. Her late husband, Samuel Leslie, unexpectedly required a hip and knee replacement at the young age of 50. Again, Mrs. Harrison saw the exceptional talent of the staff. Now, as she plans for the future, she wants to show her appreciation for the hospital.

"Over the years, the hospital has taken excellent care of me and my family."

It's not unlike Mrs. Harrison to care for others. She worked at her church's summer camp for many years, overseeing dozens of young campers and imparting important life-enriching skills.

"I loved teaching my girls," she recalls of her time minding her charges.

And as a talented quilter, Mrs. Harrison has a lifetime of taking parts that are meaningless on their own and crafting them into wholes that are beautiful and worthwhile. She's reminded of this whenever her nieces and nephews wrap one of her quilts around their shoulders. She loves knowing she's keeping them safe and warm, even from afar.

Much like the lilac tree that unexpectedly grew beyond her expectations in her garden, Mrs. Harrison doesn't know what will grow from the donation she's leaving to The Scarborough Hospital Foundation; she only knows that nothing ever blossoms if you don't first plant its seeds.



Salome Harrison is making plans to care for others well into the future, just as she's done throughout her life.

When making a gift by Will, consider making a residual gift. For more information, contact Verna Chen, Director of Stewardship and Legacy Giving, at 416-438-2911, ext. 6040 or [vchen@tsh.to](mailto:vchen@tsh.to), for a confidential meeting.

# Big Slice of Support

4-3-9 – Oh-Oh-Oh-Oh – PIZZA NOVA

**AS** President of Pizza Nova Restaurants Limited, Domenic Primucci not only runs the company, he's the voice of the company. That's him in the radio ads that run regularly in the Toronto area and beyond.

Like the ads, he's also making a difference, by generously pledging \$500,000 to The Scarborough Hospital Foundation.

"It's important for me to help my community hospital," said Domenic.

Scarborough has special meaning to Domenic. His headquarters are here, and it's where Pizza Nova was founded, with a single restaurant at Kennedy Road and Lawrence Avenue East in 1963. The community was young, in the midst of adding key pillars like the Scarborough General Hospital, which was just seven years old then and five minutes down the road from the new pizza place.

Both institutions have grown tremendously since then, along with the community. That growth doesn't just happen. It requires constant investment, whether expanding locations for Pizza Nova, or revitalizing departments and technologies at the hospital.

Domenic is eager to assist the hospital in ways that will continue to improve care.

"I think they do a lot of great things," he said.

Speaking with Domenic, it's clear that building his business and supporting the community are both labours of love.

His father and uncles founded Pizza Nova to bring an authentic

taste of Italy here. At the time, pizza wasn't even considered a real meal option, inferred Domenic. Instead, it was more of a snack. At the time, the restaurant would get busy at around 8 or 9 p.m., and there were even crowds at midnight.

The hospital can relate to late-night rushes too, particularly in the Emergency Department (ED). Open 24 hours a day, seven days a week, the ED provides care to more than 115,000 patients each year, and that number continues to grow. This is why The Scarborough Hospital is working to expand the ED at the Birchmount campus as they work to redefine health care in Scarborough.

"We're growing to better respond to the current and future needs of Scarborough's patients," says Michael Mazza, President and CEO, The Scarborough Hospital Foundation.

Last year, the Minister of Health and Long-Term Care appointed an Expert Panel to address infrastructure needs and improvements to acute health care services in the Scarborough and Durham regions. The review highlighted that capital investments are needed throughout The Scarborough Hospital.

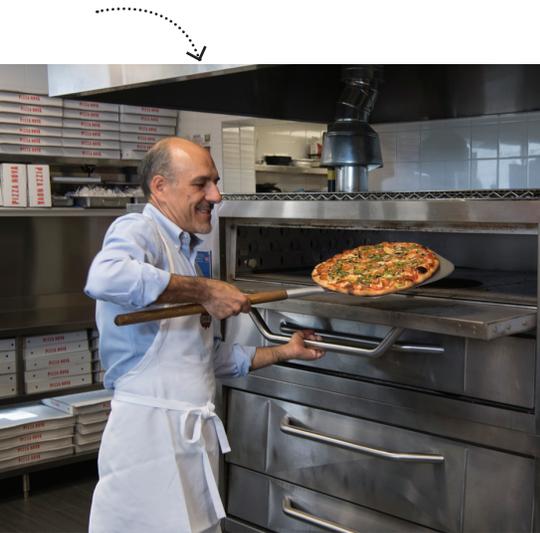
**"IT'S IMPORTANT FOR ME TO HELP MY COMMUNITY HOSPITAL... THIS IS WHERE OUR ROOTS ARE, WHERE WE WERE BORN"**



*continued on page 12*



Pizza Nova delivers pizza and corporate responsibility in Scarborough with a \$500,000 donation to their community hospital.



One area in need of attention: the Operating Rooms (ORs) at the General campus, some of Ontario's oldest. When Domenic visited the ORs, he was shocked: "You walk in and it's the size of my office – and my office is pretty small! What they do with what they have is incredible," he says.

He relates to the dedication he sees in the hospital. It's what has defined his company too.

You feel his excitement when he talks about what it means to *taste the difference*. Pizza Nova prides itself on using the finest ingredients – vine-ripened tomatoes from California, sun-dried tomatoes from Italy, olives from Spain, trans fat free dough made with purified water, and more.

Never compromise, says Domenic; customers deserve a level of excellence.

A hospital must also look at its recipe for success. It starts with the fundamentals. Another area that requires attention and investment is Diagnostic Imaging. The department runs around-the-clock to diagnose injuries, diseases, and life-threatening medical conditions using machines like ultrasounds, X-rays, and MRIs.

A new imaging suite at the General campus will help to provide timely and accurate information for investigations and interventions. These are the type of ingredients doctors need to make quicker and more accurate diagnoses to serve their patients. As Domenic appreciates, fast service matters, along with quality.

More and more, diagnoses identify chronic diseases. Helping patients to manage these conditions is also a priority. With chronic diseases, patients require a wide range of services and supports. The hospital is finding ways to help patients better live with their chronic diseases and provide easier access to care closer to home. For patients living with kidney disease, this means having access to satellite dialysis sites in Scarborough.

Supporting the community's well-being is part of Pizza Nova's corporate culture, whether in giving franchisees the chance to succeed or donating to local causes.

Domenic strives to make a positive impact. He got his start with the company at age 14, working at a booth at the Canadian National Exhibition (CNE), washing dishes, and then learning to prepare pizza. At the time, he was interested in architecture and accounting, never dreaming he'd run the company one day. But serving the public was fun, so he made pizza his slice of life instead.

Tradition and family are important to Domenic. Pizza Nova is a family-operated business, and dinner time is all about bringing families together. You see it when people dine there or bring the pizza home to the family table.

Just like the transformations taking place at The Scarborough Hospital, this is something that is familiar to Domenic. The company regularly modernizes its equipment and spaces to better serve the public. Case in point – the very first Kennedy and Lawrence location is now a Nova Ristorante, a casual yet stylish restaurant that's part of the Pizza Nova family.

Pizza Nova is a Scarborough success story. So is the hospital. And Domenic is happy to rally around the hospital.

Now is the time to invest and the needs are clear. Domenic understands the funding situation. The province covers the costs of hospital operations. However, the government relies on the community to participate by contributing 100 per cent of the equipment needs and 10 per cent to capital renovations.

The hospital has done great things with the resources it has, and will reach new heights with the community's help.

Domenic is grateful for how Pizza Nova has grown to serve over six million pizzas a year at 140 stores across Southern Ontario. He wants to see Scarborough's community hospital grow too.

"This is where our roots are, where we were born," said Domenic. "It's home."

He hopes other corporate citizens, and the community at large, will join the cause. For the people who live in Scarborough, and for the companies that employ residents or serve customers here, he says supporting local causes is critical. Just like his company, Domenic delivers.

**Is your corporation looking to make a difference in Scarborough?  
Contact Michele Varela at 416-438-2911 ext. 6662 or [mvarela@tsh.to](mailto:mvarela@tsh.to) today!**



## THANK YOUR CAREGIVER IN A SPECIAL WAY

Every day, the doctors, nurses, and volunteers at The Scarborough Hospital demonstrate their excellence and dedication. Express your appreciation for the excellent care you or a family member received by making a donation in honour of your special caregiver. We will send the caregiver an acknowledgement card with your personal message of thanks. A wonderful way to pay tribute to someone who has made a difference in your life.

**DONATE TODAY**

[www.tshfoundation.ca](http://www.tshfoundation.ca) | 416-431-8130



# Your Gifts in Action

Your donations bring *life-saving* equipment to TSH.

*Your generous gifts to TSH Foundation help us replace aging equipment with state-of-the-art technology and medical supplies.*



## Dialysis Chairs Support Best Patient Experiences

Imagine spending four hours at a time in a chair receiving treatment, anywhere from three to six times per week. That's the average for patients receiving dialysis to treat their kidney disease. To make the experience as relaxing as possible, Heide Trampus has donated a pair of dialysis chairs to The Scarborough Hospital's Regional Nephrology Program, in memory of her late husband Franc.

"This is something he would have wanted," said Heide.

Franc knew the toll of kidney disease. He and Heide moved to Scarborough in 1972. At the time, Franc's sister, Anica, was on dialysis. By 1974, she urgently needed a kidney transplant. Without it, she wouldn't survive.

Franc's kidney was a match, giving Anica 29 more years of a good life and the chance to see her daughters grow up, get married, and have children of their own.

His kidney was a special donation, one Heidi and her son, Dr. Franc I. Trampus, wanted to emulate when he passed in September 2015. They felt the most appropriate gesture was to support dialysis patients in Scarborough, so Heide donated \$5,000 for two new chairs.

The hospital's Regional Nephrology Program serves more than 6,000 patients, with 61 dialysis stations at the General campus and 37 stations across three satellite sites. It also coordinates a large home-based dialysis program.

"The dialysis chairs are well used, in the number of patients and the time they spend in them," said Ethel Doyle, Patient Care Director, Nephrology and Diabetes Education. "The new larger chairs are even more comfortable, and that's important. Great care isn't just about the technology and expertise we offer, but about the entire experience for patients and their families."

Community fundraising and individual donations go a long way in ensuring the hospital has the most modern and essential tools, and enough of them, to make a real impact on patients' lives.

"A lot of people think the government pays for everything, and that all hospitals are the same," said Heide. "There's always a need to provide updated and advanced equipment, so donations are very important. Even a small amount will help our local hospital, so we have the best health care in our community for our residents."



## Patient Monitoring System

Sometimes, seconds count, and you want the doctors and nurses to respond quickly. With the new Massimo Patient Safety Net System, TSH clinicians can do just that. This remote monitoring and notification system tracks near real time vital signs, and immediately sends out pager alerts when a patient is in distress.

Your donations have made an immeasurable impact on patients who have undergone ear, nose, or throat surgery. The \$200,000 purchase of the new patient monitoring system allows TSH clinicians to keep close watch on their patients, ensuring their airways remain unobstructed during recovery.

## Mobile X-ray Machine

Imagine that you've come to the hospital with chest pains. TSH doctors suspect you've cracked your rib cage and want to perform an X-ray to confirm their diagnosis, but can't move you at the risk of damaging your heart and lungs.

Thanks to your donations, there is now a solution. The Diagnostic Imaging department was able to purchase a new Carestream DRX-Revolution Mobile X-ray System for more than \$250,000.

Hectic hallways? Busy elevators? This X-ray room on wheels can turn on a dime, easily navigating cramped quarters for a trip to a patient's bedside. But at the end of the day, it's the images that matter most. This mobile X-ray machine produces some of the highest resolution X-ray images on the market.

Your gifts allow TSH X-ray technicians to deliver comfortable patient care.



# Snap! Snap!

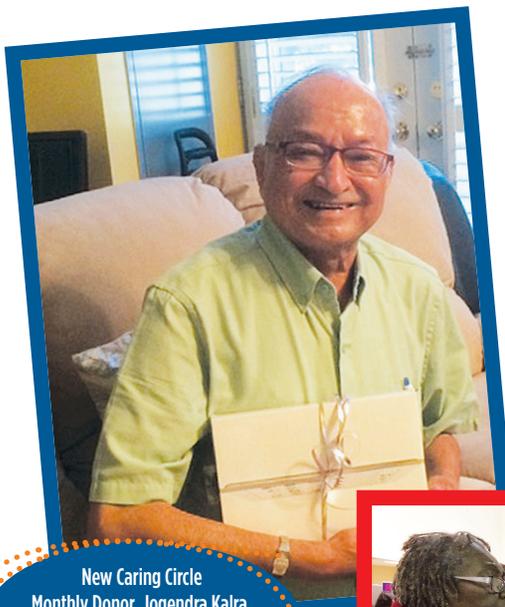
*TSH Foundation supporters like you are putting the fun in fundraising! Thank you for your commitment to world-class health care for every TSH patient.*



Members of the Scarborough Women of Philanthropy Council enjoying a women's networking event.



TSH staff and friends were hard at work on McHappy Day.



New Caring Circle Monthly Donor, Jogendra Kalra, won the iPad in the Renewal mailing prize draw.



Sara Beaumont, TSH Foundation, explained the Caribbean Philanthropic Council to a potential member at Ladies Night Out with Formula Honda.



Holly Yoo (right), her husband Scott MacKenzie (left), and their daughter Valerie (second from right), presented Michelle Clark Ward (second from left) of TSH's Maternal Newborn and Child Care program with a gift of "Silly Dolls", unique and original handmade dolls by Holly.

Share your TSH Foundation event snaps with us, and you might be featured in the next issue! [www.facebook.com/TheScarboroughHospitalFoundation](http://www.facebook.com/TheScarboroughHospitalFoundation).

# Cheque Please!



\$12,001 from Blends of Bharatham – a local school that teaches classical Indian dancing.

\$2,015 from the musical extravaganza night presented by Minds 4 Missions and Canada Christian College.



SHOPPERS LOVE YOU.  
- Putting Women's Health First campaign presented TSH Foundation with a cheque for \$22,159.

Proceeds from Formula Honda's Ladies Night Out totalled \$4,700.



# Inner Works

*Spotlighting behind-the-scenes at TSH that impact your care in surprising ways.*

**S**piritual and religious care can complement a patient's health and wellness. That was clear to the Sisters of Misericorde and the Salvation Army when they opened the doors to what are now the General and Birchmount campuses in 1956 and 1985 respectively. Years later, TSH maintains that tradition through a robust spiritual and religious care program, just in different locations.

The location of the General campus' original chapel is now used as the physical rehabilitation gym. The wooden pews have been removed to make way for sophisticated medical equipment designed to help patients exercise or regain their mobility. Whether you're being fitted for

a proper wheelchair or learning to walk again, TSH's physical therapists are here to help you recover.

Today, across both campuses, multi-faith services are provided in Worship Centres to meet the community's unique needs. A diverse team of clinically trained Chaplains/Spiritual Care Practitioners embrace a holistic approach to wellness driven by shared values of respect, empathy, faith affirmation, connection, and vitality. Whether you're a devout religious follower or seeking greater meaning, TSH's Worship Centres are available to offer bereavement support, memorial services, faith sensitive rites and rituals, and much more.



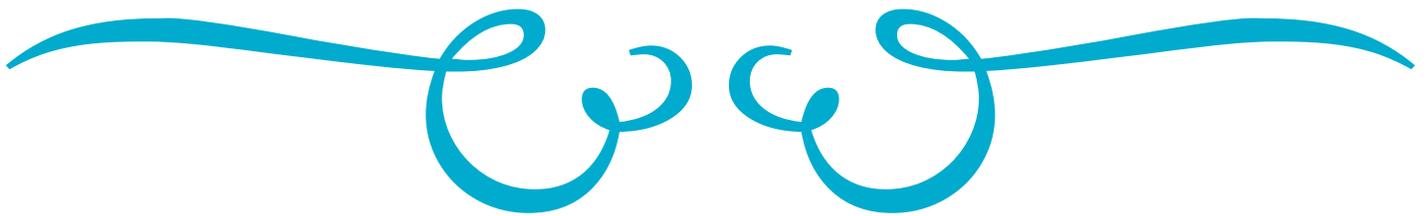
# Save the date

Scarborough Women of Philanthropy Council's



## Sip, Shop & Celebrate Women

November 17, 2016



Fun, Festivities and Shopping, Wine & Cheese,  
Raffle Draws, Silent Auction and more

VENUE SPONSOR



For tickets or more information  
please call 416-431-8130  
or visit [www.sipshopcelebrate.com](http://www.sipshopcelebrate.com)



All proceeds from the event will support  
Diagnostic Imaging at The Scarborough Hospital.



# Please consider leaving a gift by Will to The Scarborough Hospital Foundation

“Over the years, The Scarborough Hospital  
has taken excellent care of me and my family.”

Salome Harrison is planting seeds for the future by leaving a legacy gift  
to The Scarborough Hospital Foundation in appreciation  
for the care she and her family have received.



**Our legacy name: The Scarborough Hospital Foundation**  
**Charitable Registration Number: 11914 2263 RR0001**

For more information on charitable bequests, please call  
Verna Chen at 416-438-2911, ext. 6040 or email [vchen@tsh.to](mailto:vchen@tsh.to).

[www.tshfoundation.ca](http://www.tshfoundation.ca)

