

# CaringConnections

Spring 2018

Your Gifts in Action!

## Putting eye tattoos in focus

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Designing the  
Diagnostics Imaging  
Concourse

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Sit back and relax

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Dr. Jordan Cheskes,  
SRH ophthalmologist  
and chair of the Eye  
Physicians and Surgeons  
of Ontario (EPSO)



SCARBOROUGH AND ROUGE HOSPITAL



CARING CONNECTIONS  
SPRING 2018

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# Welcome

## Stronger together

Welcome to the spring 2018 issue of *Caring Connections*! Spring is often regarded as a renewal of sorts – a rebirth, if you will. At Scarborough and Rouge Hospital and its Foundation, this season marks an important revitalization for our organizations.

*It's Our Time* to revolutionize health care in Scarborough, and we need your help to define your hospital's vision, design a new look, and plan your future facilities. So many people and groups are sharing their voices as a part of this work – reinforcing the incredible pride and collaborative spirit that exists within Scarborough.

This issue of *Caring Connections* highlights some of the exceptional stories of how our partners are coming together to help us design a system that improves the health of everyone in our community, as well as the donors making it possible.

For instance, you'll read about the outstanding support we've received to expand dialysis services as part of an innovative health care hub in the Bridletowne neighbourhood – a joint effort between our hospital, the YMCA of Greater Toronto, and the United Way of Toronto and York Region.

As well, you'll learn how our government partners are helping us move forward with the redevelopment and expansion of the emergency department at our Centenary site.

And, you'll see how we're making our hospital a safer place to be in partnership with our friends at Toronto Police Services.

These stories – as well as the work we're doing to plan for our future – shows how we all can make a difference, and how we're becoming stronger together.



ELIZABETH BULLER, president and CEO  
Scarborough and Rouge Hospital

MICHAEL MAZZA, president and CEO  
Scarborough and Rouge Hospital Foundation

# In the News

## Welcome Karlie: SRH's first baby of 2018!

While most people were counting the last minutes of 2017, new mom Libin Wei and proud dad Yuefei Yang were counting down to their daughter's birth.

Little Karlie Yang gave her parents a very special New Year, arriving at 12:58 a.m. on January 1, 2018.

Karlie was the first baby born at Scarborough and Rouge Hospital (SRH) in 2018, and her parents were overjoyed to meet her. "She's a really amazing gift for us," Libin said.



**KARLIE WAS THE FIRST BABY  
BORN AT SRH IN 2018, AND  
HER PARENTS WERE OVERJOYED  
TO MEET HER.**

## Welcome Dr. Zoutman!

We're pleased to welcome Dr. Dick Zoutman as Scarborough and Rouge Hospital's (SRH) new chief of staff. Dr. Zoutman comes to us from Quinte Health Care in Bellville, where he is currently Chief of Staff. He is also a professor at Queen's University School of Medicine. Dr. Zoutman was the founding Co-Chair of

Ontario's Provincial Infectious Diseases Advisory Committee and was the Chair of Ontario's SARS Scientific Advisory Committee during the SARS outbreak in Toronto. Dr. Zoutman will officially put on an SRH lab coat on April 23, 2018.

Dr. Dick Zoutman is Scarborough and Rouge Hospital's new chief of staff as of April 23, 2018.



## Ringling into recovery

When Sophia Georgiev and Jerzie LeDuc completed their cancer treatments at Scarborough and Rouge Hospital's (SRH) Centenary site, they wanted to celebrate. But something was missing. They needed a bell.

Over 20 years ago, a Navy Admiral rang a brass bell on the last day of his cancer treatment. Historically sailors ring a bell to mark when a job is well done. The tradition

grew and, ever since, cancer patients have celebrated by ringing a brass bell on the last day of their treatment.

Grateful for their children's care at SRH, Sophia and Jerzie's parents organized the creation of the bell, and donated it to the hospital's paediatric oncology clinic. Thanks to their efforts and generosity, children in Scarborough can ring their way into remission.



## Finding your way at SRH just got easier

It can be hard to find your way around Scarborough and Rouge Hospital's (SRH) sites. But volunteers in the newly expanded Pathfinder program plan to change that. Wearing "May I help you?" tee shirts, Pathfinders are on hand at all SRH sites' main entrances to help you get where you need to be. Started for students as a summer volunteering opportunity at the Centenary site, the Pathfinders now provide year-round help to SRH patients, families, and visitors. Say hello to them the next time you come to SRH – and don't hesitate to ask them for directions!



## Your hospital: an award-winning workplace

With more than 5,000 employees, Scarborough and Rouge Hospital (SRH) is one of Scarborough's largest workplaces. And we're focused on being one of our community's best. In November, SRH won an Award of Excellence from the Institute for Performance and Learning for SRH's coaching and mentoring programs. We are proud to support our health care leaders to become great mentors, and we are excited to help future leaders develop through continuing education and mentoring.

## Designing DI

Dr. Joel Woodley-Cook is excited because he knows his team is getting a new interventional radiology suite when Scarborough and Rouge Hospital (SRH) opens its consolidated diagnostic imaging (DI) concourse at the General site.

"The new medical imaging and vascular centre will bring all of its services into one location to vastly improve the patient experience," said Dr. Woodley-Cook. "And I personally can't wait to get down to work."



SRH is collaborating with the provincial government to finalize plans for the new DI concourse. In particular, the hospital is advocating for a second oversized interventional radiology suite that's needed to safely administer general anaesthesia.

"An oversized interventional radiology suite would alleviate some of the strain on the hospital's current operating rooms. Building a suite dedicated to performing advanced interventional radiological procedures would free up time in the operating room schedule to serve more patients."



## Putting Patients First

## Construction coming to Centenary

Scarborough will soon have faster access to emergency care thanks to the provincial government's commitment to redevelop and expand the emergency department at the Centenary site.

Scarborough and Rouge Hospital (SRH) president and CEO, Elizabeth Buller, was proud to welcome Premier Kathleen Wynne to make the announcement in February 2018.

"The people of Scarborough need faster access to the latest medical technology," said Premier Wynne. "That's why this redevelopment of the emergency department is so essential."

This commitment partly fulfills recommendations put forward in an Expert Panel report to expand emergency services at the Centenary and Birchmount sites.

"The new emergency department, when completed, will greatly increase our ability to provide emergency care for our community in an environment that best supports patient privacy, and confidentiality and safety," said Ms. Buller.

SRH continues to work closely with our partners in government to address the needs of the hospital's emergency services at the Birchmount site.

**"THE PEOPLE OF SCARBOROUGH NEED FASTER ACCESS TO THE LATEST MEDICAL TECHNOLOGY."**



# CANADIAN TIRE BRAVE T.O.

Saturday September 29th, 2018

5KM obstacle course is back for its third year to give you another chance to race, walk, climb and jump through challenges faced by Toronto's police, paramedics, and firefighters — and have fun while you help support life-saving care at Scarborough and Rouge Hospital.



09.29.18 MORNINGSIDE PARK

VISIT [BRAVE.TO](http://brave.to) TO REGISTER

Whether you are a competitive athlete, or just enjoy a walk in the park, you can be a part of the excitement at Canadian Tire Brave T.O.!

# Partnering to protect you

*SRH and TPS work together to keep you healthy and safe.*

To serve and protect – is the official motto of the Toronto Police Service (TPS), but one that could easily apply to a hospital that serves patients and protects against poor health. It's no surprise then that Scarborough and Rouge Hospital (SRH) has forged a strong working relationship with Toronto police.

In 2016, SRH launched its inaugural Canadian Tire Brave T.O. community fundraiser; a five kilometre obstacle course through Morningside Park inspired by the training regimens and day-to-day challenges faced by Toronto's police, fire, and paramedic professionals.

“As well as providing an opportunity to support Scarborough's hospital, Brave T.O. is a fun-filled day of

community building that celebrates our men and women in uniform,” said Guy Bonnell, vice president, community development at SRH Foundation.

Canadian Tire Brave T.O. and the Toronto police return on September 29 to support healthcare in Scarborough for the third year in a row, but that's not all.

TPS has also been working closely with the hospital's occupational health and emergency preparedness teams.

SRH recently entered into a partnership with the TPS to combat violence at our hospital.

“A hospital is a high emotion environment,” said Ann Sideris,

director, workplace health and safety. “Working with the Toronto police has equipped us with the tools to maintain a safe workplace.”

And we're helping TPS officers to do their jobs too.

Last year, SRH opened its doors to host two joint training exercises that simulated a bomb and active shooter threat at the hospital.

Together, through fundraising obstacle courses and training exercises, SRH and the TPS are here to serve and protect you.



Register online for Canadian Tire Brave T.O. by visiting [www.brave.to](http://www.brave.to).

# Taking a stand to ban eye tattoos

*Dr. Jordan Cheskes wants to keep your eyes safe. In fact, he made it the law.*

In September, the story of an Ottawa woman’s eye tattoo gone bad hit the media. The woman risked losing an eye when she developed complications after allowing a tattoo artist to dye the white of her eye – the sclera – purple.

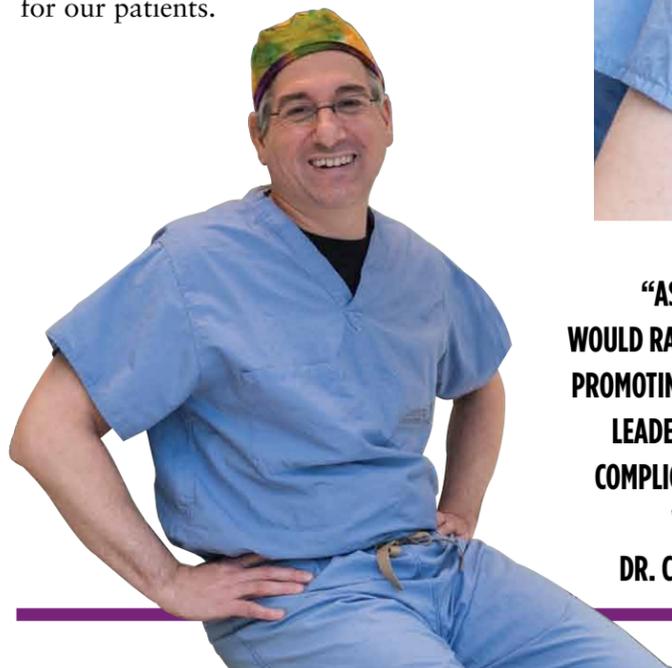
Dr. Cheskes was horrified. An SRH ophthalmologist and retinal surgeon, and the president of the Eye Physicians and Surgeons of Ontario, Dr. Cheskes sees a lot of eyes. And he knows how important clear vision is to his patients’ quality of life.

“Nothing is more rewarding,” he says, “than making someone who is blind see again.”

At SRH, eye health is clearly in focus. Our eye surgeons perform 6,500 cataract operations every year, and the Eye Centre at our Birchmount site treats patients who have a wide variety of eye-health issues.

To keep the Scarborough community clear-sighted,

Dr. Cheskes and his fellow SRH ophthalmologists have joined the SRH Foundation and generous donors to raise funds to purchase two new microscopes for the eye surgery operating rooms. The new microscopes – due to arrive at the hospital later this year – will help the SRH eye-care team provide the highest quality cataract surgery for our patients.



**“AS EYE SURGEONS, WE WOULD RATHER BE LEADERS IN PROMOTING EYE SAFETY, THAN LEADERS IN DEALING WITH COMPLICATIONS ASSOCIATED WITH EYE TATTOOS,” DR. CHESKES POINTS OUT.**



Focusing on you, Dr. Jordan Cheskes keeps you safe from eye tattoos.

But while surgery can transform people’s vision, it can’t fix everything. The best way to stop eye injuries from eye tattoos, is to prevent them from happening in the first place.

“As eye surgeons, we would rather be leaders in promoting eye safety, than leaders in dealing with complications associated with eye tattoos,” Dr. Cheskes points out.

And there is a big difference between the corneal tattoos ophthalmologists perform as a surgical treatment, and getting a tattoo artist with no medical training to dye the whites of your eyes a wild colour.

To that end, with his fellow eye physicians and Scarborough MPP Soo Wong – herself a former eye

nurse – Dr. Cheskes lobbied the Ontario government to ban the risky and dangerous practice of eye tattooing by non-medical professionals.

On December 12, the bill passed with unanimous consent, a testament to Dr. Cheskes’ work to ensure all politicians were clear-eyed on the issue.

# Building up Bridletowne

*Investing to meet a growing health care need in Scarborough.*

Scarborough and Rouge Hospital (SRH) is a few steps closer to putting shovels in the ground to build a new facility in the Bridletowne neighbourhood.

In August, Dr. Eric Hoskins, then-Minister of Health and Long-Term Care was joined by Mitzie Hunter, Minister of Advanced Education and Skills Development, and Soo Wong, MPP (Scarborough – Agincourt) to announce the provincial government's commitment to expand dialysis services in Scarborough.

"SRH is honoured to receive this support from the Government of Ontario that will allow us to begin the planning and construction of a new community-based facility to meet the growing needs of Scarborough's residents," said Elizabeth Buller, president and CEO of SRH.

"This new facility will greatly improve patient access to care and provide dialysis treatment close to home for those living with chronic kidney disease."

**"THIS NEW FACILITY WILL GREATLY IMPROVE PATIENT ACCESS TO CARE AND PROVIDE DIALYSIS TREATMENT CLOSE TO HOME FOR THOSE LIVING WITH CHRONIC KIDNEY DISEASE."**

Scarborough continues to see increasing health care needs for patients living with kidney disease, due in large part to our diverse community being predisposed to chronic conditions.

A unique partnership between the YMCA of Greater Toronto, the United Way of Toronto and York Region, and SRH, this new facility will work to address those needs

as a leading example of integrated health promoting infrastructure in Ontario.

"Scarborough's kidney care team has always been there to assist patients in managing their kidney disease," said Ethel Doyle, patient care director for nephrology.

"But this is the first time that we have been able to extend our level of care by bringing together community services and health care providers to promote disease self-management and healthy living."

SRH has also received a commitment from Toronto City Council, which unanimously approved lease terms for the new facility in November.

We look forward to breaking ground soon.

Representatives from all levels of government were on hand to celebrate the provincial government's commitment to expand dialysis services in Scarborough.



# Patient crusader leaves a lasting legacy

*Dialysis patients can finally sit back, relax, and enjoy their shows thanks to Garry Moore.*

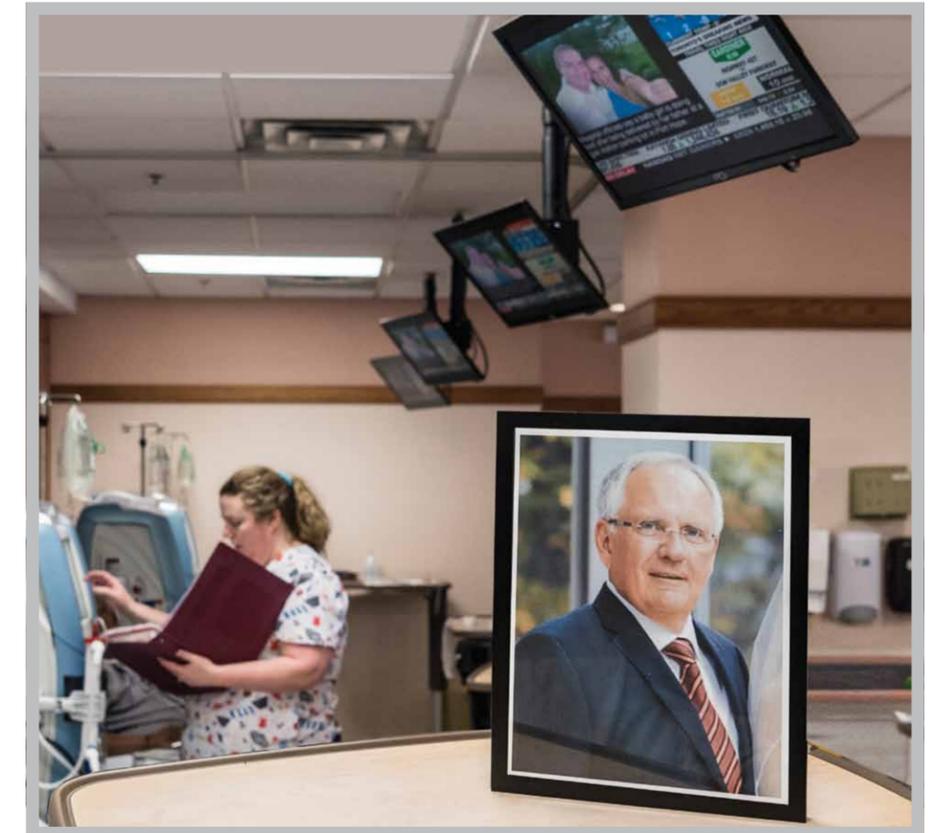
The TVs at the 78 Corporate Drive satellite dialysis site are back online thanks to Garry Moore's legacy of steadfast patient advocacy. They hadn't been operational since Canada's media landscape switched from analog to digital television.

"It's not about missing my favourite TV show," said Garry. "It's about the patient experience."

"Living with kidney disease and sitting in a chair for a four hour dialysis treatment, three times a week, can feel depressing at times, especially with nothing but a book or magazine to read. But being able to relax and settle in to watch a show helps to create a calm environment for everyone in the room receiving treatment."

It's for these reasons that Garry made it his mission to bring the TVs back online.

Budgets are tight across Ontario's health care system, but never one to give up so easily, Garry reached out to the hospital's chief information officer, Thodoros Topaloglou, to see if he knew of any technical fix that might provide a solution.



Since this was an industry-wide issue, Thodoros knew there wasn't much that could be done but suggested that a deal could be brokered with the hospital's service providers.

After many restless months, and hours of negotiating behind-the-scenes, a deal was struck!

The satellite site's televisions would be upgraded using donations to the nephrology department from the community.

Garry passed away in December 2017 before the final draft of this story could be shared with him, but his wife Lorna knows he would be proud since giving back was important to them. In fact, Lorna also gives back to Scarborough and Rouge Hospital as a volunteer in the Oncology unit.

Now, Garry's impact continues to give back as a lasting legacy for his fellow dialysis patients who can finally sit back, relax, and enjoy the show.

# Snap! Snap!

SRH Foundation supporters, like you, are putting the fun in fundraising! Thank you for your commitment to world-class health care for every SRH patient.



Ladies from SRH's diagnostic imaging department enjoyed a night out during the Sip, Shop and Celebrate event last fall.



SRH president and CEO, Elizabeth Buller (left) was proud to join George Comisso, as well as his wife Sheila and daughter Tara, during a plaque unveiling recognizing his art donation.



SRH Foundation President and CEO, Michael Mazza (left), along with members of the Scarborough Women of Philanthropy, were happy to receive a donation from the Toronto Professional Firefighters Association.



Fatima Malik (right) and her mother were proud to represent the Woodside Square Shopping Mall at our Annual Donor Reception in November 2017.

This youngster tested his aim during the fire hose challenge at our Canadian Tire Brave T.O fundraiser last September.



Have you got what it takes to be a first responder? These Canadian Tire Brave T.O. participants were put to the test.



Members of the Indo-Canada Dance Academy donated more than \$9,000 following their Keshavam Dance Ballet event last fall.

## Upcoming Events!



**Fairchild Radiothon**  
 THURSDAY, JUNE 14, 2018  
 Scarborough and Rouge Hospital  
 Tune in as Fairchild Radio broadcasts live at SRH. Visit [www.srhfoundation.ca](http://www.srhfoundation.ca) for more information.



**The Bluffs Gates Open Home and Garden Tour**  
 SATURDAY, JUNE 16, 2018  
 Tour some of Scarborough's most majestic settings. Visit [www.bluffsgatesopen.com](http://www.bluffsgatesopen.com) or contact Emma Martin at 416-281-7463 for more information.



**10th Annual Scarborough World Cup of Golf**  
 THURSDAY, AUGUST 16, 2018  
 Angus Glen Golf and Country Club, Markham  
 Sign up your foursome today. Contact Guy Bonnell at 416-284-3119 today.

# Did You Know?

## Tube Talking



Behind SRH's walls a complex system gets your prescriptions and medications to their destination in record time.

**W**ith a total of 1,567,600 square feet, Scarborough and Rouge Hospital's (SRH) three sites are big. And walking life-saving prescriptions, medications, and lab samples to-and-fro takes precious time.

But snaking through the walls of each SRH site is a totally tubular solution.

Behind the drywall and paint, a computerized pneumatic tube system uses air propulsion and suction to shoot bullet-shaped canisters to various hospital areas.

The system at the General site is the largest, with almost one kilometre of tubes and 21 separate stations – where staff deploy or pick up items. Specially designed canisters can zoom 600 feet in less than a minute, and defy gravity by travelling all the way up to the ninth floor.

So the next time you visit an SRH site, put an ear to the wall. You might just hear a life-saving dose of medicine whooshing by.



# Gates Open

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Proceeds to benefit the redevelopment of the Emergency Department  
at Scarborough and Rouge Hospital – Centenary Site



For sponsorship opportunities, please call  
Emma Martin at 416-281-7463, or email [emartin@tsh.to](mailto:emartin@tsh.to).

Charitable Registration #: 119142263 RR0001





# Please consider leaving a gift by Will to Scarborough and Rouge Hospital Foundation

“Over the years, Scarborough and Rouge Hospital has taken excellent care of me and my family.”

Salome Harrison is planting seeds for the future by leaving a legacy gift to Scarborough and Rouge Hospital Foundation in appreciation for the care she and her family have received.



Our legacy name: Scarborough and Rouge Hospital Foundation  
Charitable Registration Number: 11914 2263 RR0001

For more information on charitable bequests, please call Verna Chen at 416-438-2911, ext. 6040 or email [vchen@tsh.to](mailto:vchen@tsh.to).

[www.srhfoundation.ca](http://www.srhfoundation.ca)

